



Bannockburn Banner

AN EXCLUSIVE PUBLICATION FOR THE
RESIDENTS OF THE BANNOCKBURN ESTATES

JUNE 2016



**MEET YOUR NEIGHBORS:
BOB BALABAN & VICTORIA HAMPSHIRE**

Cover Photo by John Shumate

Your Stories. Your Photos. Your Community!

YOUR STYLE, ONE CHOICE.

CALLIGARIS STORE WASHINGTON
3328 M St. Georgetown
washingtondc@calligaris.com - Ph. 202 244 5544
www.washingtondc.calligaris.us

Omnia table / Bess Low chair / Sextans suspension lamp /
Factory sideboard / Pom Pom table lamp

calligaris 
ITALIAN
SMART DESIGN
SINCE 1923

IMPORTANT PHONE NUMBERS



www.n2pub.com

© 2016 Neighborhood Networks Publishing, Inc.

AREA DIRECTOR Area Director • Sarah Taylor
240-204-4336 • sarah.taylor@n2pub.com9

PHOTOGRAPHER www.shumatephoto.com



CREATIVE TEAM Marie Nowell
Kyle Landau
Malinda Smith
Thomas Lewis

UTILITIES

877.737.2662 Pepco Electric
301.670.8741 Pepco Tree Service for Dangerous Limbs
202.833.7500 Pepco Customer Service
301.206.4002 Water & Sewer Emergency
703.750.1400 Gas Emergency
240.777.6410 Trash & Recycling
800.837.4966 Verizon

LOCAL

911 Emergency
301.896.3100 Suburban Hospital
202.537.4000 Sibley Memorial Hospital
202.537.4000 Poison Control
800.222.1222 Police-Non-Emergency
301.279.8000 Bethesda Ambulance & Resue
301-652-1000 Bethesda Fire Department
301-652-5602 Non-Emergency
240.777.0970 Bethesda Public Library
240.773.9520 Little Falls Library
240.773.5900 Montgomery Co. Animal Services Adoption
301.365.8673 U.S. Postal Service West Bethesda Branch

SCHOOLS

301-517-8100 Montgomery Co. Board of Education
301-320-6555 Bannockburn Elementary School
301-320-6540 Thomas W. Pyle Middle School
301-320-6600 Walt Whitman High School

OTHER

800.325.7245 MARC Train
800.435.9294 BWI Airport
703.417.8000 Ronald Reagan Airport
703.572.2700 Dulles Airport
202.789.7000 Washington D.C. Convention & Tourism
301.656.0868 Bethesda Transportation Solutions
301-229-8754 Bannockburn Civic Association

DISCLAIMER: Any articles included in this publication and/or opinions expressed therein do not necessarily reflect the views of N2 Publishing but remain solely those of the author(s). The paid advertisements contained within the *Bannockburn Banner* magazine are not endorsed or recommended by N2 Publishing or the publisher. Therefore, neither N2 Publishing nor the publisher may be held liable or responsible for business practices of these companies. When community events take place, photographers may be present to take photos for that event and they may be used in this publication.



EURO DESIGN CENTER

*Closets, Home Offices, Pantries,
Mud rooms, Garages, etc.*



Tel: 301-770-8660
www.eurodesigncenter.com

Serving Washington area for 35 years
We are the manufacturer. No middle man!
Free in-home design consultation

Showroom Address:
11530-D Rockville Pike,
Rockville MD 20852

Showroom hours:
M,W,F,S 11 am to 6 pm,
T,R by appointment only, Su closed.

Contributors | BCA Board Members



Ted Garrett, President



Bonnie Garrett, Treasurer



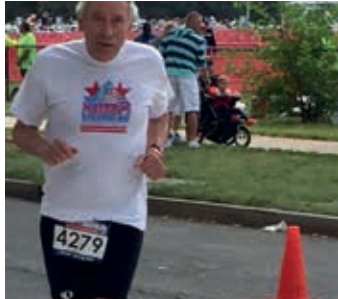
Edith Miles, Good Neighbors Committee Chair



Ben Schlesinger, Covenants Committee Chair



Jane Pettit, Welcoming Committee Chair



John Noble, Banner Magazine Committee Chair



Seth Goldstein, Environmental Committee Chair



Rebecca Kahlenburg



John Hannula, Neighborhood Security & Block Captains Committee Chair

CONTRIBUTORS AT LARGE

The residents of Bannockburn Estates!

We are always looking for residents to follow up on leads, find great stories and send us ideas. Let's celebrate the great things happening in your community! No contribution is too small. Please email sarah.taylor@n2.pub.com.

Bryant Award
Medal of Excellence
for 2007

Don Hoffacker's
Air Conditioning & Heating, Inc.
GERMANTOWN, MARYLAND
301-972-0017

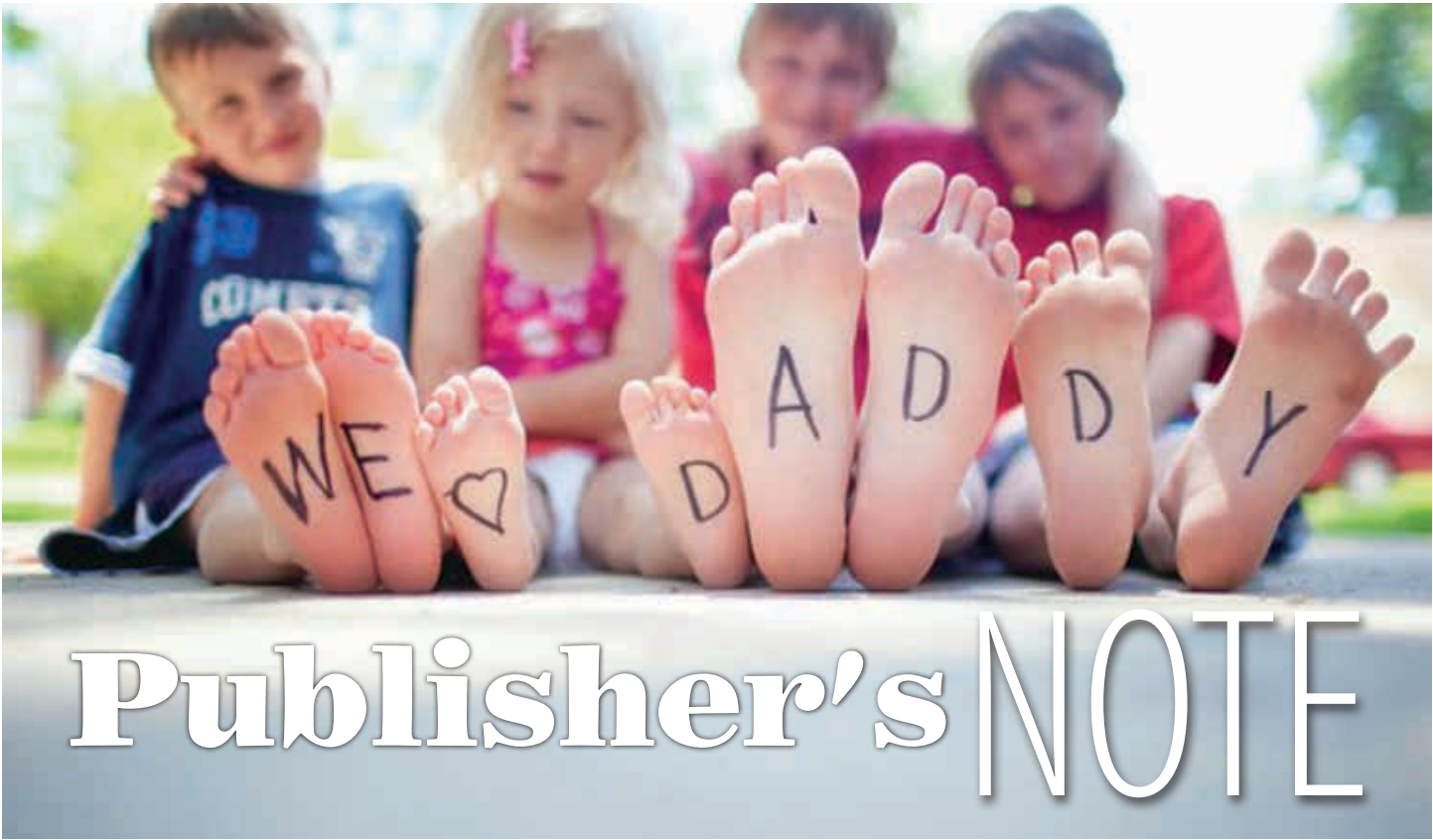
"We have been top rated by a local, prominent consumer group"

Residential Sales & Services

- Free estimates • Quality service • Prompt service

Family operated since 1977 for 2007
Check out our ratings! www.angieslist.com

19703 Waters Road Germantown, MD 20874 | 301-972-0017 | www.donhoffacker.com



Dear Bannockburn Estates Residents,

"Summertime and the livin' is easy"... at least I hope it is for all of you as school and activities wind down and the simplicity of summer begins.

June is the month to recognize both dads and grads. Happy Father's Day to all the extraordinary fathers and grandfathers in Bannockburn! I hope you have time to play a round of golf, relax and enjoy your day. A big congratulation to all Bannockburn Estates graduates. Bring on the caps & gowns, pomp & circumstance, presents & parties, and well-earned diplomas. Please send us your picture, so we can recognize you!

My ongoing thanks go out to all of you Bannockburn Estates residents who make the *Bannockburn Banner* possible through your wonderful stories and pictures. As we transition into summer, we welcome pictures of vacations, summer sports, beautiful gardens, beloved pets and anything else you would like to share.

I'm pleased to announce two wonderful additions to the *Banner* staff: Lauren Winkler, Content Coordinator and Jacki Lesser, Jr. Writer. Be sure to read more about them in this month's issue.

Here's to warm weather and days off!

Very Best,

Sarah Taylor
Publisher, *Bannockburn Banner*
240-204-4336 | sarah.taylor@n2pub.com



Chryssa Wolfe
HANLON
design build

RENOVATE REMODEL REJUVENATE

Full Service Architectural Design and Build
www.hanlonbuild.com
202.244.2942
Where Artistry Meets Engineering



This section has been created to give you easier access when searching for a trusted neighborhood vendor to use. Take a minute to familiarize yourself with the businesses sponsoring your newsletter magazine.

These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting your community!

**ARCHITECTURAL
DESIGN**

Anthony Wilder Design Build
(301) 907-0100
www.anthonywilder.com

**BATHROOM
REMODELING**

Miracle Method
(301) 571-4200
www.miraclemethod.com

CLOSETS/CABINETS

European Closets, Inc
(301) 770-8660
eurodesigncenter.com

COSMETIC SURGERY

Diane L. Colgan MD
(301) 299-6644
www.dianecolganmd.com

DESIGN BUILD

Merrick Design & Build Inc.
Addie Merrick-Phang
(301) 946-2356
remodelwithmerrick.com

**DESIGN BUILD &
RENOVATIONS**

Hanlon Design Build
(202) 244-2942
www.hanlonbuild.com

ESTATE PLANNING

Joseph, Greenwald and Laake,
PA
(240) 399-7899
www.jgllaw.com

ESTATE SALES

Four Sales LTD
(703) 256-8300
www.foursales.com

FLOORING

Atlas Floors, Inc.
(301) 948-9144
www.atlashardwoodfloorsinc.com

FURNITURE

Calligaris Furniture
(202) 244-5544
washingtondc.calligaris.us

HVAC

Don Hoffacker's Air
Conditioning and Heating,
Inc.
(301) 972-0017
www.donhoffacker.com

HEATING & AIR

Parker Pearce Heating & Air
(301) 548-9000
www.serviceexperts.com

**HEATING / COOLING
& GEOTHERMAL**

Harvey W. Hottel, Inc.
(301) 921-9599
www.harveyhottel.com

**HOME CARE
SOLUTIONS**

Four Seasons Home Care
Staffing Solutions, LLC
(301) 873-1103
www.4SHomeCare.com

**HOME
LOANS/MORTGAGES**

Caliber Home Loans
(240) 855-0834
www.kaseymartin.com

HOME REMODELING

Maryland Sunrooms
(301) 829-1313
www.marylandsunrooms.com

INSURANCE

Brotman Insurance Agency/
Allstate
Elizabeth Carroll/Agent
Bethesda Medical Bldg. 8218
Wisconsin Avenue Ste P-16
Bethesda, MD 20814
(301) 424-6900

Fairweather Insurance Agency
(301) 232-0400

**INSURANCE - AUTO -
HOME**

Geico
(800) 841-2964
www.geico.com

**KITCHEN & BATH
DESIGN-BUILD**

Rinnovation
(301) 942-8880
rinnov8.net

LANDSCAPING

Martin Lawn & Landscaping,
Inc
(301) 565-0556
www.martinlands.com

MAID SERVICES

The Maids of Southern
Montgomery County
(301) 562-8900
www.maidsinmd.com

**OPTICAL / FASHION
EYEWEAR**

Colonial Opticians Inc.
(301) 657-3332
www.colonialopticians.com

**PLUMBING, HEATING
& COOLING**

Cool Breeze Plumbing Heating
and Air Conditioning
(301) 879-3400

REAL ESTATE

Long and Foster Co.
(301) 229-4000
www.vickiporter.net

**ROOFING
CONTRACTORS**

East Coast Roofing, LLC
Joseph Anastasi
(301) 874-5380

SOLAR ENERGY

Solar City DBA Timothy Beam
Energy Consultant
Timothy Beam
(301) 222-7361
share.solarcity.com/solarbeam

**TREE SERVICES -
CERTIFIED ARBORIST**

Bartlett Tree Experts
(301) 881-8550
www.bartlett.com

**WEALTH
MANAGEMENT AND
TAX INTEGRATION**

Exeter Trust
Patrick Price
(301) 652-1212
www.exetertrust.com

New to the NEIGHBORHOOD?

**Are you and your family new
to the neighborhood?**



If so, welcome! To be added to our email and event invitation list, please email your contact information to sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.



PRESIDENT'S LETTER June 2016



LETTER FROM THE PRESIDENT } TED GARRETT

We are enjoying a wonderful spring and it is great to see neighbors walking about and enjoying the warm weather.

Spring Festival. We had another great spring festival on May 15 at Concord Park. We had fun activities, food, and a chance for neighbors to visit. Photos from the festival and kudos to those who made it happen will appear in the next issue.

May Meeting. Our next general meeting is scheduled for May 26. Our neighbor Dr. Richard Carlson, Carnegie Institute Department of Terrestrial Magnetism, will speak on "How To Build A Planet." Dr. Carlson has written widely on early solar system evolution, the early earth and moon, mantle geochemistry and evolution, and paleoecology.

If you have ideas for BCA speakers for future meetings, please contact me or any board member.

Register. Registering on the BCA website will enable you to receive occasional but significant e-mail announcements about activities, meetings, incidents such as burglaries, and other developments. Your e-mail will address will remain confidential. Please go to the BCA website and register: <http://bannockburncitizens.org/register/>

Construction. Our covenants committee, headed by Ben Schlesinger, continues to monitor construction and permit applications in the neighborhood and communicates with owners and builders about compliance with the BCA covenants. If you learn of, or have questions about, a new construction, renovation or sale, contact Ben at bschles@bsaenergy.com.

Neighborhood Security. The committee, headed by John Hannula, works with our block captains and the county to monitor incidents and make suggestions improve neighborhood

security. John also passes along information from the county police. If you have suggestions or wish to volunteer to be a block captain, contact John Hannula at john_hannula@yahoo.com. Remember: if you see something suspicious, call the police non-emergency number 301-279-8000 or 911 for a crime in progress.

Welcome Committee. Jane Pettit and Cecily Abrams visit and welcome new BCA neighbors. You will often know about new neighbors before we do. If you know of new arrivals to the neighborhood or would like to help on this committee, please email janepettit1@verizon.net or call: 301-229-5932.

Seniors. Edith Miles is Chair of our Good Neighbors committee. The committee organizes various activities for seniors and also provides help to BCA seniors who want to continue to live in their homes. You can contact Edith for information or suggestions at ewmiles@comcast.net.

Environment Committee. Our BCA environment committee is a resource to the neighborhood and to our covenants committee. Contact committee Chair Seth Goldstein sethrgoldstein@verizon.net if you have suggestions or wish to volunteer.

Bannockburn Banner Magazine. The goal of the magazine is to improve communications and convey information about our neighborhood. If you have questions or suggestions, please contact BCA board member John Noble at johnnoble@mac.com or your Banner Publisher, Sarah Taylor, at sarah.taylor@n2pub.com.

Best wishes,
Ted Garrett
BCA President





BEAUTIFUL TREES MAKE A HOUSE A HOME

We're Bartlett Tree Experts, a 100+ year old tree and shrub care company with global reach and local roots. We provide expert, attentive service, a safety-first record and a range of services that includes:

- Tree & Shrub Pruning
- Fertilization & Soil Care
- Cabling & Bracing
- Insect & Disease Management

Call 301.881.8550 or visit BARTLETT.COM  



Family Owned
and Operated
Since 1945

Residential & Commercial Heating • Air Conditioning • Plumbing • Geothermal Spray Foam Insulation • Boilers



Harvey W. Hottel, Inc.

18900 Woodfield Rd., Gaithersburg, MD 20879,
Phone: (301) 921-9599
www.harveyhottel.com

A Very Special Thank You to our Sponsors for Making *Bannockburn Banner* Possible Each Month!

Please remember to support these fine businesses.

& Welcome To Our New Sponsors

Exeter Trust
**Investment Management/Estate Planning/
Tax & Legal Services**
“How many investment managers, estate attorneys, and accountants consult each other concerning the best interests of their clients? We do.”

GEICO Insurance
GEICO Insurance Agents Are Here to Help
With the GEICO Insurance Agency, you can count on access to a team of licensed insurance agents committed to delivering prompt and professional customer service. They can help you obtain coverage at a great rate.

Share Your Story! Send In Your Pictures!

A Very Special *Thank You* To all Our Resident Contributors Who Make *Bannockburn Banner* Possible!

We are always looking for residents to share ideas, submit photos and write stories. Let’s celebrate the wonderful people and great things happening in this community. No contribution is too small!

Please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com with suggestions, photos or interest in being part of the Bannockburn Banner. We want to see what you want to be published in your neighborhood magazine.



10-Time National Sunroom Association Award Winners

MARYLAND SUNROOMS
A PROUD FRANCHISE OF  **FOUR SEASONS SUNROOMS**

Call, click, or visit • **301.829.1313** • **MARYLANDSUNROOMS.COM**
2902 BACK ACRE CIRCLE #2 • MT AIRY, MD 21771

DOWNLOAD YOUR FREE SUNROOMS GUIDE TODAY
AT GUIDE.MARYLANDSUNROOMS.COM

“ I looked at a lot of sunroom companies, and never saw anything but **positive reviews** for **Maryland Sunrooms**. Everybody we talked with **praised them**, and that’s not what I heard about other companies. **”**
~ Natalie M. in Potomac, MD

MEET The Banner’s New Content Coordinator: LAUREN WINKLER!



Lauren has lived in Bannockburn Estates for 15 years and resides with her husband, Dr. Thomas Winkler, and 15-year-old daughter, Julia Rose. Her son, Luke, is a junior in college and grown daughters, Caroline and Elizabeth, live in New York City and Washington, respectively. When Lauren first discovered Bannockburn she was enticed by the quiet and beauty of the neighborhood. Since moving here, she has appreciated the friendliness and sense of community among the residents. Lauren has a background in nutrition and teaching and she has been very involved with volunteer work at her children’s schools. She enjoys meeting people and is looking forward to finding families, kids, athlete, pets, homes, gardens and anything else of interest to feature in the Banner. Please reach out to her at **lauren.winkler@n2publishing.com** with your stories and suggestions!

MEET Our New Junior Writer: JACKIE LESSER!



Jackie Lesser

Hi my name is Jackie Lesser and I am 16 years old. I am the newest junior writer for the *Bannockburn Banner*, but I’m not new to the neighborhood. I have lived in Bannockburn Estates for my entire life. Currently, I am a sophomore at Walt Whitman High School. In the fall of this past year, I played on the school’s JV field hockey team. Also in my free time, I play soccer in a recreational league. The team I currently play for began when I attended Bannockburn Elementary School and it has managed to stay together up until high school. In addition to soccer and field hockey, I am a part of a Girl Scout troop. I discontinued Girl Scouts when I was in 4th grade, but rejoined in 2015 as a freshman, because I was able to take part in fun activities with friends, like camping, going to a chocolate factory, and visiting local farms.



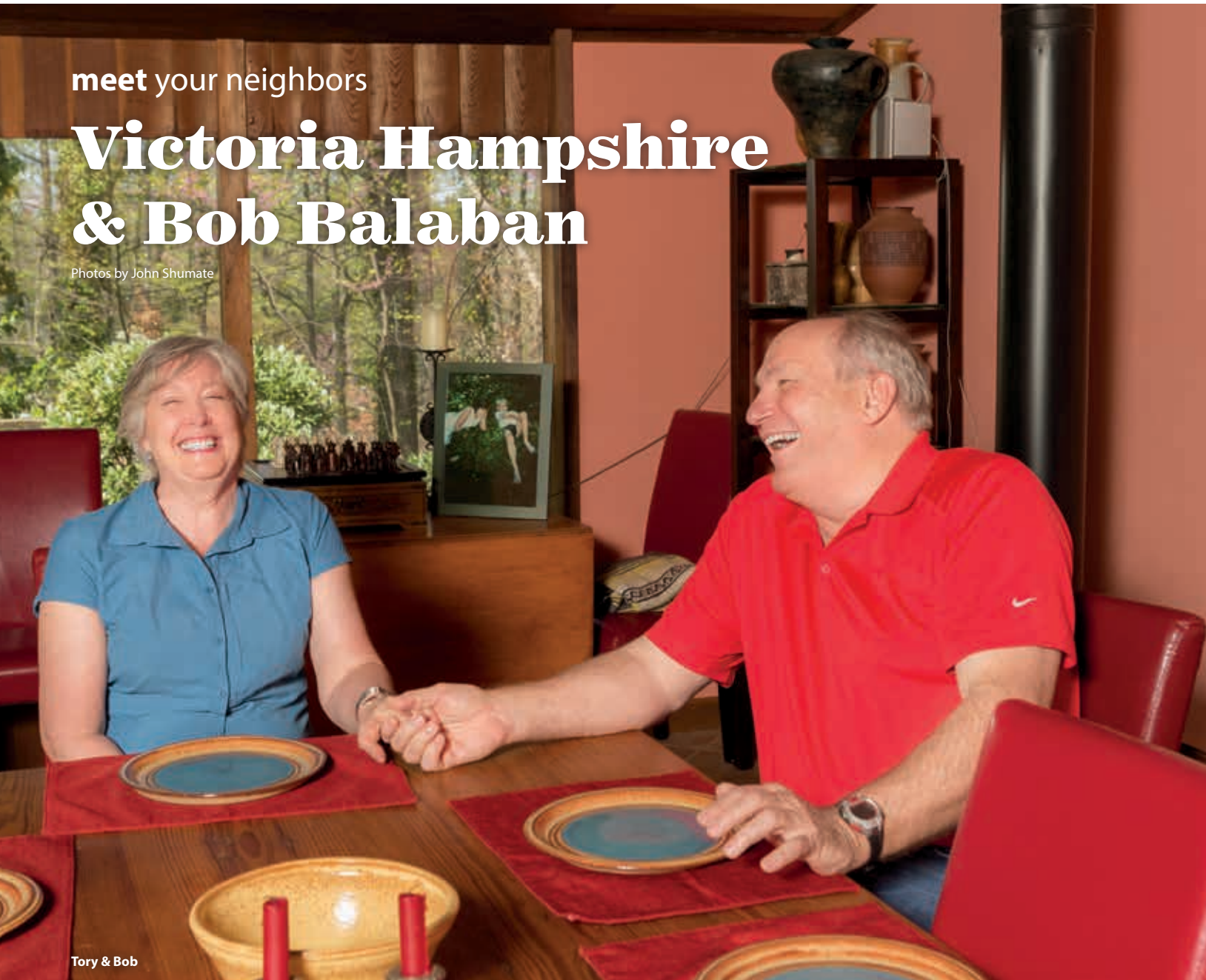
From left are Jackie and friends Hannah Schacht & Emma Sorkin.

During the current school year, I took the journalism class and was moved up to yearbook this past semester. Through journalism, I have learned many tips that helped to improve my writing in both a journalistic sense and in a literary sense. When writing an English paper, I have learned to be concise in my writing so I can effectively express my point without boring readers. I would recommend the journalism class to anyone who considers joining one of Whitman’s many publications: *Black & White*, *Whitman Shorts*, or Yearbook (*SAGA*). The course effectively prepares students for the transition to the publication of their choice. When I am older, I would love to write for a magazine. I believe it would be a great, fun experience and very beneficial to learn necessary life skills. I cannot wait to begin writing about the neighborhood for the *Banner*!

meet your neighbors

Victoria Hampshire & Bob Balaban

Photos by John Shumate



Tory & Bob

Tory Hampshire and Bob Balaban are longtime residents of Bannockburn Estates, where they raised their now grown children, Amanda and Robert (ages 26 and 24 respectively) and still reside in their suburban sanctuary on Nevis Road with pups, Gracie and Basil. This wonderful couple met at NIH where Bob still works as a Scientific Director and Lab Chief. They enjoy many hobbies together such as raising bees, throwing pots (not at each other but in the studio in their backyard which is really Bob’s domain), as well as time spent in their home in Maine.

Tory, who has had a most interesting career, was interviewed recently by BCA President Ted Garrett.

She is a veterinarian and a retired Captain in the United States Public Health Service (PHS). She graduated from U. Penn and was commissioned into the USPHS in 1989, serving as a research support veterinarian at NIH for 10 years and then to FDA’s Center for Veterinary Medicine in 2001. In November 2003, Dr. Hampshire was promoted to Adverse Event Coordinator for FDA’s Center for Veterinary Medicine CVM. She then transferred to the FDA’s Center for Devices and Radiologic Health Division of Cardiovascular Devices where she reviewed the preclinical safety of cardiovascular devices for first in man clinical trials. Dr. Hampshire retired from the USPHS veterinary corps in July 2015 and currently has her own FDA consulting practice and continues to provide relief veterinary office hours for small animals at Nebel Street Animal Hospital in Rockville, MD.

Growing up, were you always interested in pets and other animals?
It was hard not to be as my mother was the quintessential Beatrix Pot-



With the bees



Tory & Gracie

ter; fostering all things plants and animals on a small farm in Fairfax County. There were always orphaned animals around. She raised Bassett Hounds and we also had horses and were 4-H members.

What did you study in college?
I was a Biology major.

How did your job in the USPHS come about?
My college research project led me to a collaboration at the Medical College of Virginia. I was culturing a special kind of kidney cell for a senior project and when I graduated, an NIH scientist was looking for a technician that could work with that cell type and contacted my mentor. I was uncertain at the time



Tory at NIH

REFERRED FOR A REASON*



CALL NOW FOR A FREE ESTIMATE 301.562.8900

96% of our customers would recommend The Maids to friends and family. And that’s saying something in this business. After all, you don’t want just any maid service in your home. Learn more at maidsinmd.com





about graduate school so it seemed a good way to earn some money and broaden my scope. While at NIH, I met my husband, Bob Balaban, who encouraged me to finish my education doing what I loved and not being intimidated about being a woman in what was then predominantly a man’s profession. I transferred from the initial lab job to NIH’s veterinary core and learned about the USPHS veterinary corps and its importance in the Department of Health and Human Services and its various agencies.

What was it like to transition from the veterinary work at NIH to the FDA’s Center for Devices and Radiologic Health Division of Cardiovascular Devices?

The FDA work was the inside out of what I did at NIH. The NIH was principally a public research institution and the work I was doing was to support animal models for projects on the cutting edge of basic science while the FDA work was to reviewing the animal data for the same type of cardiovascular research but much further along in development on the last leg of development prior to marketing. Both agencies had important humane policies and this was also an interest so that I was able to make advances in humane care and use by getting involved in public policymaking as well.

You have a couple of great dogs. What do you look for when deciding on a pet?

If I’m adopting a dog, I try to find one that is most importantly friendly, calm and quiet. That’s not easily done with one visit so I recommend volunteering for a shelter agency so you can see a dog in multiple settings as separation anxiety, dog aggression and in the case of cats, inter-cat aggression or redirected aggression in household soiling, etc. can be problems. If I’m getting a puppy, I look for a breed that is docile yet playful and easily socialized so they can go anywhere and be invited back! They should also fit in with a family’s lifestyle so that they become part of the routine.

I understand that you also keep bees. Do you find that gratifying?

Honestly, it’s been a bit frustrating to find the right balance of fostering bees but it gives one a sense of the importance of ecology and the environment to our planet. It was very exciting to finally have our own honey and it tasted so much better than what we could buy in the supermarket.

What do pet owners need to know but don’t think to ask?

I think people are often unprepared for the time one needs to invest in attaining consistency

in animal care; not just in veterinary medicine but also in keeping pets clean and preserving their routine when you travel. If you want to live harmoniously with an animal, it requires an effort to cultivate a tolerable household conduct. If you invest that time, your animals become a pleasure to you and also to the people you hope will help look after them when you travel.

Most dogs and cats are relinquished because they missed this opportunity. Most of the medical and social issues I’ve seen in animals in general over the years result from inconsistency in feeding time, obesity from free choice feeding, lack of exercise, poor grooming, and hygiene. Dogs in particular, but to some extent cats, are like children. Everybody does better when there is a predictable routine, adequate outdoor activity, lots of rest, good nutrition, proper hygiene, and equal parts of love and discipline in consistent doses. The costs of veterinary care, pet boarding and grooming have also gone through the roof because veterinarians are more concerned about litigation, they order more tests now days because that technology is available and they don’t want to be guilty of malpractice. Atop that, new graduates in particular have very high overhead and educational costs and these costs are passed along to the consumer. So when looking to get a pet, look at costs associated with routine care, breed-typical problems, grooming and boarding needs.

What do you like most about the Bannockburn neighborhood?

I love the combination of privacy and stewardship. People who live in this neighborhood embrace diversity and social and environmental conscience.

Thank you very much.

 We like to recognize neighbors! If you know of a neighbor/family you would like to see featured in an upcoming issue of the *Bannockburn Banner*, please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.

COOL BREEZE

PLUMBING, HEATING & A/C

Whatever it takes:
bryant
Heating & Cooling Systems

ENERGY STAR

BBB ACCREDITED BUSINESS A+

CHECKBOOK



Located minutes from your front door in Bannockburn
Plumbing, Heating & AC Sales Service Installation
Factory authorized Carrier, Bryant, Mitsubishi dealer
7 day emergency service • FREE Estimates • Maintenance agreements
301-879-3400 • www.coolbreezeplumbingheatingandac.com

SolarCity

Reduce your carbon

AND save \$\$\$ too!

the clean, affordable
alternative to your monthly utility bill.

No Upfront Cost! FREE Installation!

Do you have a favorite Charity or Cause close to your heart and you would like to help create a fundraising stream? Ask Tim to **SET-UP YOUR FAVORITE NON-PROFIT CHARITY** up as a **SUN-RAISING PARTNER** to receive **TAX-FREE REFERRAL BONUSES** for helping their membership join the Solar Movement. It's easy - just call Tim @ 301.222.7361 and ask about Sun-Raising for **YOUR FAVORITE** charity (or school booster club)

You don't need to buy a complete solar power system. SolarCity will install it for you for no upfront cost and sell you the energy it produces for less than you currently pay your utility. You simply pay for the power every month, just like your utility bill.

Let Bad Santa (Tim) qualify your home for Rooftop Solar and start saving (your budget AND the environment)

Don't DELAY!
Call Bad Santa (Tim) TODAY: 301.222.7361
share.solarcity.com/solarbeam
Bad Santa (AKA) Timothy Beam your Local "Sun-Raising Certified" Solar City Energy Consultant
Get your rooftop evaluated before Summer-Time Sunshine is all gone





7301 NEVIS ROAD: Purportedly the Oldest Home in the Neighborhood

MERRICK DESIGN AND BUILD INC.

An award winning design build firm in Montgomery County, Merrick is known for our customer satisfaction. Specializing in total home renovations and everything in between, Merrick's customer first team will listen to you to turn your remodeling dreams into reality!



remodelwithmerrick.com
301-946-2356 • dmerrick@mdbi.us



This stately colonial was built in 1939 and was the first home in the Bannockburn Estates area. It sits on an acre of land with beautiful grounds and both a stunning interior and exterior. A sensational renovation took place in 2005 blending new and old architecture by award-winning McCartney Architects. This lovely home includes a fantastic great room and gourmet kitchen, a fabulous master bedroom and detached artist's studio, with additional garage, totaling 4-car garage parking. The private lot includes a salt pool, outdoor shower and expansive lawn and gardens.



home of the month



If you have an interesting home or know of one in the neighborhood you would like to see featured in the *Banner*, please email sarah.taylor@n2pub.com.

MEET Ashley West, Lacrosse Goalie x Three!

athlete of
the month/
young achiever

Name: Ashley West
Age: 14
School: Holton-Arms (but I'm transferring to Alexandria's St. Stephens's & St. Agnes School this fall)
Sport: Lacrosse
Position: Goalie

How long have you participated in this sport/activity?
Since I was 9 (2011).

What is your favorite teacher/mentor's name?
It's a tie between my Holton-Arms chemistry and algebra teachers, Elizabeth Davis and Katharine Laco.

Who do you idolize in this sport/activity?
One of my goalie coaches, Gussie Johns, a 2014 St. Stephen's & St. Agnes graduate. She's now the starting goalie for the University of Southern California's women's lacrosse team (which is a perfect 17-0 in this year's regular season).

What teams are you on and where do you normally practice?

I practice at Holton-Arms with my Middle School "A" team, at St. Stephen's & St. Agnes in Alexandria with my STARS 2020 Blue club/travel team, and at the Academy of the Holy Cross in Kensington with my Potomac Power Black recreational team. I also practice individually with my other goalie coaches at fields and indoor facilities in Virginia, Cabin John, and Baltimore. It's too bad that my parents can't get "frequent driver" miles!

Have you met anyone famous in this sport/activity?
In addition to Gussie Johns, I've met the former coach of the German National Women's Lacrosse Team, who is another idol of mine (and who is now my STARS 2020 Blue coach!). I've also met and trained with several former collegiate All-Americans and U.S. national team lacrosse goalies.

Have you traveled anywhere related to this sport/activity?
This summer, my STARS 2020 team and I are traveling to the Vail Shootout Tournament in Colorado. I'm also participating this summer in various lacrosse camps up and down the East Coast that are run by Stanford, Harvard, Penn, Duke, Yale, and UNC. STARS 2020 and I also travel every season to weekend lacrosse tournaments near Baltimore, Annapolis, Princeton, NJ, Palmyra, PA, and elsewhere.

What events have you participated in?

Lax for the Cure; various "fall-ball" and other out-of-season, non-coached lacrosse tournaments as a "guest" goalie for various local high school teams; and two winter indoor lacrosse league teams (my STARS 2020 team was undefeated this past winter against all 2019 teams in a Virginia high school league).

What awards or honors have you won?

Only being an 8th grader, none yet! But I'm hoping to be selected as a goalie for the 2016 Under Armour Underclass Tournament in Baltimore this summer.

What have you learned from participating in this sport/activity?

It's good to be a 5' 9" goalie who's left-handed! All kidding aside, in addition to my learning great time management, the value of hard work, and the importance of always having "perfect" technique in practice, I've learned to be a self-confident contributor who supports her teammates, win or lose; to always give 120% effort in everything that I do; to never dwell on the past (I never remember shots or goals against me); and to never, ever give up - each save I make can help my teammates win.

What do you like the most about the sport/activity?

It's a really fun, very team-oriented, fast sport and I love being our last line of defense who can change the whole momentum of a game by making crucial saves.

What is your favorite moment?

Every game that my teammates and I win! But if I had to pick just one, it was our STARS 2020 team's 5-4 victory over the TLC Lacrosse team at a Nov. 2014 Baltimore-area tournament. My save ratio in my half of the game was 82% (14/17), with 5 consecutive saves against free position shots (an attacker's penalty shot from 8 or 12 meters that I try to stop with no defenders between her and me). We needed the win to have a chance at advancing into the finals. A close runner-up is my game winning stop of an 8 meter free shot in the last 9 seconds of our STARS 11-10 victory over Integrity on April 30th.

What do you plan on doing after graduating?

Study biology or chemistry in college (and play varsity lacrosse) and then become a doctor like my mom, Tina West, who's a dermatologist.

One tip for someone looking to get into this sport/activity:

First, discover if lacrosse is really your passion by playing on a recreational team at an early age and "trying out" each position one at a time! In 6th or 7th grade, you can then try out for the local club/travel teams. Although I'd started playing lacrosse in 4th grade as a middle/defender, I was also still playing other ball sports, all of

which emphasized scoring. It was only by a happy accident that I ever became a lacrosse goalie - because no one else wanted to play goalie in our first lacrosse game one season, I volunteered. If I hadn't given it a try, I'd have never discovered how much I love being a goalie!

What other activities do you participate in?

I've played viola for my school orchestra since 3rd grade. I enjoy sailing, drawing, painting, reading, and playing tennis and swimming for my middle school teams. I used to also swim for the National Capital Swim Club (NCAP) but dropped out in early 2015 to make more time for my schoolwork.

How do you keep a balance between sports, school and other activities in your life?

I manage my time very, very carefully and always put academics first. Because I also want to be with my family and friends, I make sure that I don't waste time by watching too much TV or constantly being on social media.



If you know an athlete/ young achiever in the neighborhood who you would like to recognize, please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.

Protecting our
Community
takes the **Confidence**
to tackle groundbreaking cases, and the
Character
to be a fearless advocate.



PAUL RIEKHOF

Rockville, MD
240-399-7899
priekhof@jgllaw.com
jgllaw.com

JGL JOSEPH
GREENWALD
& LAAKE, PA

Maryland | District of Columbia | Virginia

home and garden

time to enjoy *Our Outside Spaces!*



precious pets

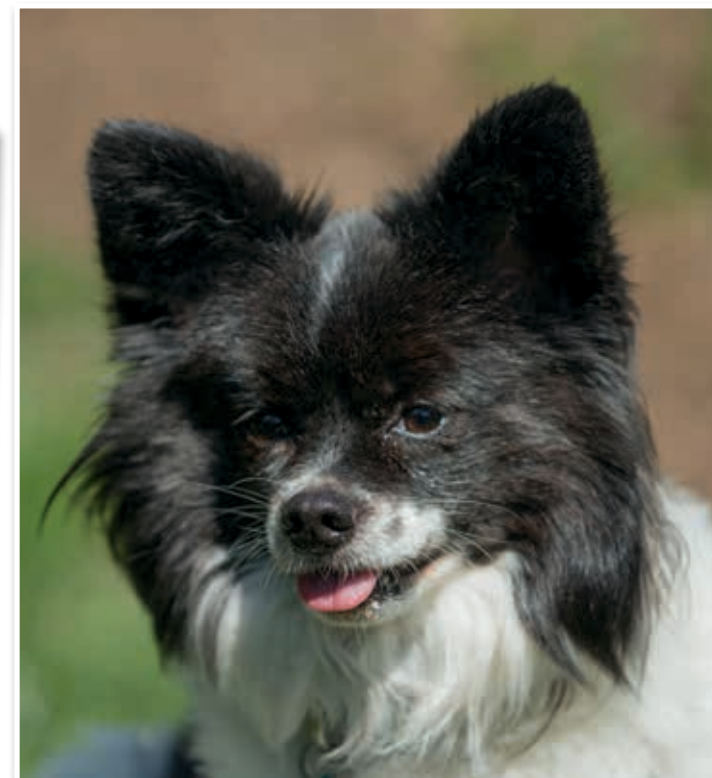


Meet Little Wolf, the *Bannockburn Banner's* New Pet Columnist!

Greetings neighbors and pets alike! My name is Little Wolf. The *Bannockburn Banner* publisher has asked me to contribute a monthly interview with the pets that live here. I hope to talk with dogs, cats, fish, birds, hamsters, turtles and any other creatures that live with families in our 'hood.



If you have a precious pet you would like Little Wolf to interview, please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.



First you need to know a little about me and why I was selected for this assignment. I am a 6-year-old Pomeranian/Papillon mix. I live with an absolutely wonderful family off Loch Lomond Road, and I can be fierce! I'm friendly to humans and to my Cavalier King Charles Spaniel housemate named Fin, but I can get a little yappy with other dogs. I have lots of energy, almost always wag my tail and I have a rather intimidating, long, fringed mane around my ears (it's a typical Papillon trait). My family adores me. I am very smart and athletic. I love walks, but I just can't seem to loosen up around the dogs I see out on the streets. Could I have a bit of a Napoleon complex?

I was given this interview job to help me overcome my issues. I will have to force myself to listen intently to my interviewees and put them at ease while asking thought-provoking questions. I can't be aggressive or domineering, but instead I must be calm, conversational and likeable. Can I do it? The readers of the *Bannockburn Banner* will be the judge.

Oh, by the way, I was named Little Wolf because when my family first saw me as a little puppy they thought that is what I looked like. Names can be such a burden sometimes. Perhaps if I was named Lucky or Mr. McFluffy, things would be different.

Anyway, look for my first interview next month and let me know how I'm doing.

Yap, yap!



Photos by John Shumate

Fine gardens
inspired by art
and nature



Landscape Design • Customized Maintenance Plans
Stone Work • Drainage Systems • Edible and Native Landscaping
Organic Landscape Practices • Snow and Ice Removal

Martins Landscaping Inc is an ecologically inspired landscape design, installation, and maintenance company for both residential and commercial projects. We integrate sustainable practices with artistry by blending a wealth of plant knowledge to thoughtfully design unforgettable outdoor spaces. We also provide a full spectrum of maintenance services, including lawn care, pruning, mulching and weed control using organic methods which are safe for children, pets and the environment.

• • • •

Give us a call or send an email to discover more about our landscaping options and how we can add natural beauty and value to your land.



301.565.0556
www.martinlands.com
martinsgarden@msn.com



Photos by Judy Davis/ HD Photo



LITTLE FREE LIBRARIES IN BANNOCKBURN



By **Libby Blazes**, Bannockburn Banner Jr. Writer.

kids 2 kids

Have you noticed any large mailboxes in the neighborhood that appear to be filled with books? They could have been Little Free Libraries! A Little Free Library is a box, container, or shelf that sits in a public place, and is full of books, magazines, and any other reading materials. There are over 36,000 registered Little Free Libraries across the world, and probably many more unregistered ones. All of the registered libraries are visible on the Little Free Library's World Map.

According to the website, the addition of each library helps “to promote literacy and the love of reading by building free book exchanges worldwide as we share skills, creativity, and wisdom across generations ... sharing millions of books annually.” Little Free Libraries are built around the idea of trust, friendship, and care, since every person in the community can add to the collection. The libraries are stocked with the help of everyone, and therefore everyone can take whichever books they are interested in, for however long they want to keep them. For example, if someone took home three books, and decided that they really wanted to keep them, they could then bring back some different books, as an exchange. The shared responsibility of keeping the Little Free Libraries filled with new and interesting



Libby with a Little Free Library in Bannockburn.

materials creates a friendly environment between neighbors. It also allows people to meet new neighbors while selecting and returning books. Each library is also very unique, and can be painted and built in any way! To see some cool examples of Little Free Libraries across the world, visit their website.

There are many Little Free Libraries in the Bannockburn area, including one by the Bannockburn Nursery School, one right outside the Bannockburn Pool, and one on Pyle Road in Bethesda. There are many others as well, which can be seen on the World Map. Anyone from the neighborhood (or from outside the neighborhood) is welcome to check them out, and take any books that seem interesting! There is also always more space to create more Little Free Libraries in other places in the neighborhood, which could also help build the friendship of the community.

Thank you, Libby, for your very interesting story and good suggestion for more Little Free Libraries in the neighborhood.



Kids, if you would like to be featured in an upcoming issue, please have your parents contact sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.



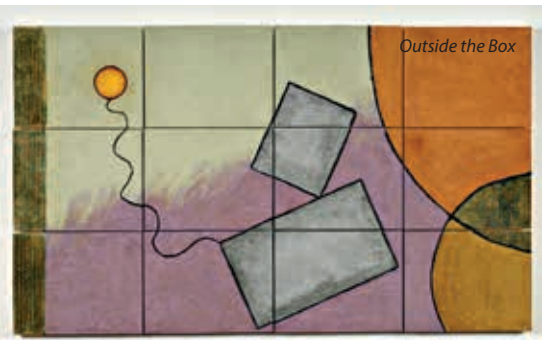
Eclipse on II



Meditation on the Void



Bridge



Outside the Box



Crossroads in Space

ART in Our Community

A Tribute to the Late **Rima Schulkind:** Neighbor & Accomplished Artist/ Sculpture



Rainbow



Do you know of a resident artist who should have their works featured in Bannockburn Banner? Please contact sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.



3rd Annual Race4Respect June 4th



making a difference

The 2016 Race4Respect 5K and 1K Kids Dash will be held on Saturday, June 4, 2016 with Fox5 news anchor Allison Seymour leading the participants. The Master of Ceremonies will be joined by sibling sensations and Bannockburn Estates residents, Davison Duo, a brother and sister rock band. Davis and Madison Gestiehr will be singing the National Anthem.

The mission for the Race4Respect™ is to empower, support and enrich the lives of those with Down syndrome living, working and contributing in our communities.

For more information about the Race4Respect, visit www.race4respect.com.



Do you volunteer for a 501 c nonprofit organization that you would like to have featured? If so email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.



From left are Deanne Marein-Efron, Josephine Roberts, Margaret Pourhamidi, Abol Pourhamidi, Mrs. K, Edith Miles, Rubi Aridi and Thelma Deutsch.

In & Around THE ESTATES

The BCA Good Neighbors Committee Seniors' Lunch

The BCA Good Neighbors Committee, chaired by Edith Miles, is working to promote better relations between BCA neighbors. Many of our residents, especially our seniors, are interested in getting to know other neighbors through visits, activities, and lunches. The committee has focused on helping seniors who want to continue living in their homes as they age. A recently

held BCA seniors' luncheon at Hunters Inn in Potomac provided a nice venue for a group of residents to have the chance to get to know each other a little better.

Brought to you by your
local advertisers.



SAVE THE AIR
Save your home. Save the planet. Save lots of money.

Regular heating & A/C tune-ups can save up to **30%** on energy bills

Visit SaveYourAir.com to download our informative infographic and get more home-saving, money-saving and planet-saving tips.

SAVE UP TO 30% ON YOUR ENERGY BILL*
WITH AN A/C PRECISION TUNE-UP

- And **SAVE \$70** when you schedule now!
- Regularly \$139, now only \$69!
- Help avoid costly repairs!

OFFER EXPIRES JULY 31, 2016

\$25 OFF SERVICE CALL
WITH ANY PAID REPAIR

- Emergency Service, 24/7/365
- Written 100% Satisfaction Guarantee

OFFER EXPIRES JULY 31, 2016

Parker Pearce
HEATING & AIR CONDITIONING
A Service Experts Company

240.428.0717
ParkerPearce.com

WE SERVICE ALL MAKES AND MODELS, 24/7

© 2016 Service Experts LLC. Service Experts and the Service Experts Heating & Air Conditioning logo and design are registered or common law trademarks of Service Experts LLC. Offers not valid on prior purchases and cannot be combined with any other offers. Some restrictions apply. *Potential savings may vary depending on age and condition of equipment, personal lifestyle, system settings, equipment maintenance, and installation of equipment and duct system.

PROMO CODE: 33145-40 License #: MD HVAC 01-46599 & VA CLASS A 2705061079 A

Cuba,

An Island Unto Itself?



By Jr. Resident Writer & Georgetown Day School Senior, Sahil Gogtay

Sahil Gogtay

Over this past spring break, I visited Cuba. My trip coincided with President Obama’s historical visit, thus allowing us to witness the magnitude of a grand historical interaction. Georgetown Day School conducted the trip, meaning we were also able to interact with students from a performing arts high school in Havana. Overall, the serendipity of our particular trip granted us a unique glimpse into the changing island.

In 1962, John F. Kennedy embargoed all United States trade with Cuba. Hence, when we visited, we expected to arrive in a time capsule. We were sorely mistaken. Cuba is advancing at an unprecedented rate in terms of its access to popular culture, technology, and information. Don’t get me wrong, Cuban infrastructure is crumbling (the elevator in our hotel was built in the 1950s!), yet Cubans, via indirect means, have access to more knowledge than ever before.

First off, the tourism industry in Cuba is well established. We met many young people in Cuba (primarily college students) who were on a culture visit with their school for educational purposes. Europeans frequent Cuba, and the tourism industry has created a well-oiled market. Unlike what we expected, tourists are not a sight at which Cubans marvel; they’ve grown accustomed to a booming industry filled with Americans and Europeans. All prices were converted into dollar and euro values. Moreover, Cuban students and adults were familiar with American music artists (Drake, Beyoncé) and movie stars. The “black market” in Cuba allows for normal Cubans to watch American TV shows, movies, and listen to American music.

Havana by morning

The main square in Old Town, Havana

View from the balcony at the hotel



Sahil on a hotel balcony

Secondly, we were surprised to find the ways in which Cuban culture surpasses our own. Healthcare is covered in Cuba, and the doctors are incredibly well trained. I remember one of the girls in our group getting sick; a team of doctors immediately came to our hotel and addressed the issue in an efficient manner. While this may not resonate for all Cubans, it is well known that Cubans are treated incredibly well in hospitals and receive excellent medical care. Cuba also has a 100% literacy rate. That’s right, 100%. We visited the Cuban national anti-illiteracy museum and found incredible ideas about the campaign to end illiteracy in Cuba. After the revolution, many young people in urban areas volunteered to teach rural citizens how to read and write. This program was strongly supported by the government and eventually eradicated illiteracy throughout the island. Cuba has a higher literacy rate than the U.S. That astounded me.

The final tidbit I’ll leave you with is perhaps one of Cuba’s greatest cultural achievements. We had no idea about the vibrant Jewish community in Cuba. Jews often move to Cuba because of its lack of anti-Semitism, and when we spoke to Jewish people in one of Havana’s five synagogues, they agreed that Cuba surprisingly has very little anti-Semitism. The synagogue leaders said they had never felt threatened in Cuba and that no one ever

lodged any sort of violent attack against their community or synagogue. That a culture we proclaim is “stuck in the past” is in some ways more accepting than we are proves that we have a lot to learn from Cuba’s socialist virtues.



Thank you, Sahil, for sharing your fascinating excursion with us. If you have some interesting travel tales that you would like to have featured, please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.



CALIBER CLIENTS WITH
COUPON RECEIVE

\$500

TOWARDS CLOSING COSTS.

Offer expires July 31, 2016. Discount applies to direct originations made by Caliber Home Loans, Inc. and is not available on loans obtained through external mortgage brokers. Discount applies to first mortgage purchase or refinancing transactions. Not available on home equity loans or lines of credit. Information is accurate as of the date of printing and the discount offer is subject to change without notice. One discount per loan transaction. Discount cannot be combined with any other offer.

When you’re ready to buy a home, the experienced, friendly staff at Caliber Home Loans, Inc. is ready to help. From the beginning of the loan process until closing, your Loan Consultant will work closely with you, helping you make informed decisions that can make the home financing process smooth, simple, and stress free.

Call me today to get started.



Kasey Martin
Loan Consultant | NMLS 192739
6720-B Rockledge Drive, Suite 500
Bethesda, MD 20817
Direct: 240-855-0834 | Cell: 301-452-5217
Kasey.Martin@CaliberHomeLoans.com
www.KaseyMartin.com



Caliber Home Loans, Inc., 3701 Regent Boulevard, Irving, TX 75063 NMLS ID #15622 (www.nmlsconsumeraccess.org). 1-800-401-6587. Copyright © 2015. All Rights Reserved. This is not an offer to enter into an agreement. Not all customers will qualify. Information, rates, and programs are subject to change without prior notice. All products are subject to credit and property approval. Not all products are available in all states or for all dollar amounts. Other restrictions and limitations apply. (0539_MD)



The view from the main seashore road in Havana

The Mid-Atlantic's Largest Professional Estate Sales,
Auctions and Appraisals Company since 1972

40 years

FOUR SALES[®] LTD

- On Premise Estate and Moving Sales
- Live Auctions
- Personal Property Inventory Services
- Consignment Sales
- Downsizing/Transition Specialists
- Certified Appraisals

Visit www.foursales.com
for photos and descriptions of weekly sales

For a FREE Consultation
301.580.9542 | 703.256.8300

Get noticed.

Contact n2 for ad placement
www.n2pub.com

n2
publishing



lawn & garden

By N2 Staff Writer, **Amy Lynn Howlett**

Garden Party Crashers

Viewing wildlife in nature is serene and beautiful, but when uninvited animal guests enter your garden, it’s a disheartening sight: crops ravished like an all-you-can-eat buffet and flowers reduced to nubs in the ground. Eradicating wildlife pests is generally unfeasible, so the more realistic – and humane – approach is to find ways to coexist with our animal neighbors. Don’t wake up to find that hungry critters have devoured hours of your hard work; follow these tips to protect your turf!

Make your garden less enticing

Don’t let your yard be a critter bed and breakfast; secure garbage can lids, cover compost piles, do not leave pet food outside, gather fruit that has fallen from trees and keep birdseed off the ground. It is also wise to eliminate prime burrowing or nesting spots such as brush piles and tall grass, and block any potential crawl spaces under decks and sheds. Keep the grub population in check since they are a favorite snack of moles and skunks.

Another way to make your garden less inviting is to create a barrier of plants that are unappetizing to critters, which include those with thorns, fuzzy leaves, milky sap, a bitter taste or a strong odor. A good rule of thumb is to plant two unappealing plants for every desirable plant.

Deter garden trespassers

A common garden deterrent is scent repellents: sprays with an odor or taste bothersome to pests, like hot pepper spray, or predator scents, such as coyote urine. Another option is interspersing small plastic bottles partially filled with ammonia among plants. While scent repellents are an easy, inexpensive option for deterring wildlife, they must be reapplied frequently and can be potentially harmful to children, pets and the environment.

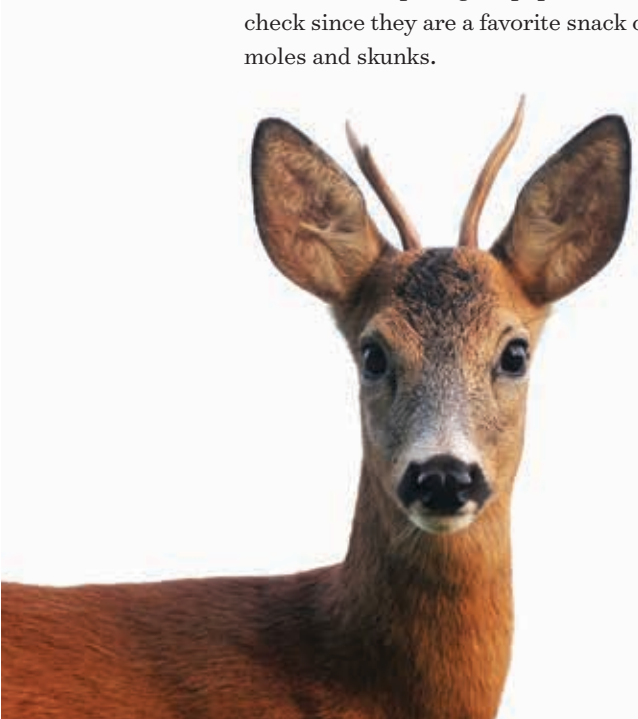
Besides scent repellents, there are many visual and auditory scare devices available, including noisemakers, motion-activated lights and water sprayers, and even dummy predators, but their effectiveness decreases over time as pests become accustomed to their methods. Sometimes the best noise deterrent is the bark of a family dog!

Create a barricade

For low-growing plants, row covers used for frost protection also serve as a barrier to wildlife. And when the weather is too warm for row covers, use tulle, which does not retain heat. For larger crops, create plant “cages” using flexible wire fencing and zip ties.

Fencing is probably the best long-term solution for deterring garden interlopers. Mesh fencing is inexpensive, easy to install and almost invisible in wooded areas. Electric fencing, while very effective, is more expensive and not practical for homes with children or pets. Note: fences intended for deer must be at least 8 feet high.

After all the time and hard work you’ve invested into your garden, take measures to protect it before the fruits of your labor literally become a critter’s midnight snack!





..... **A PLACE IN** **history** **DID YOU KNOW?**

The Ups and Downs of Glen Echo Park

Imagine the year is 1954. It is a hot June weekend in Washington and you are looking forward to spending Saturday at Glen Echo Amusement Park, just a stone’s throw from the neighborhood. First on the list of the day’s activities is to ride the Coaster Dips, a huge wooden roller coaster with seven dips plus numerous curves and turns that was added to the park in 1921. Of course a ride on the Dentzel Carousel is a must and you choose to mount an ostrich, which is among the many different types of animals featured. After more rides and enjoying the games in the arcade, you cool off in the Crystal Pool built in 1931 and big enough for 3,000 swimmers with a real “Sand Beach.” The day ends with dancing to a big band in the Spanish Ballroom, which includes 7,500 square feet of dance floor and is still considered one of the best dance halls on the east coast today.

But did you know that Glen Echo Park was originally developed in 1891 not as an amusement park but as a National Chautauqua Assembly, which taught the sciences, arts, languages and literature? The Chautauqua lasted for just one season and by the early 1900s, the site had become Glen Echo Amusement Park – the premier amusement park serving the Washington area until 1968. Throughout the park’s 68-year existence, Glen Echo experienced dips and turns similar to those of the famous Coaster.

In the early years, due to competition from other amusement parks in the area, Glen Echo was not the success that General Manager Alonzo Shaw had envisioned. In 1911, the park changed management and under the direction of Leonard B. Schloss, a veteran of the amusement and entertainment field, it began to thrive. Schloss continued to improve Glen Echo by adding new rides each year. Even the years of the Great Depression were years of prosperity for Glen Echo and the worse the economy grew; the more people flocked to the park in an attempt to escape day-to-day worries. The 1940s were years of innovation at the park, which continued to be profitable.

In 1950, Gerald Price, the new manager, opened the season with more children’s attractions, which depicted Glen Echo’s future direction. According to Price’s son, Patrick Price, President of Exeter Trust in Cabin John, “My Dad, as the new General Manager, encouraged more children to attend the park by opening children’s rides and bringing in television personalities from shows such as *The Howdy Doody Show*. He wanted to develop a safe, friendly park for children. My sister and I have wonderful memories of the park, particularly the bumper cars and roller coaster,” adds Patrick. But despite a record breaking opening day in 1955, the park once again changed hands and began to see problems that would eventually cause its demise in 1968.

Like many public facilities in and around the Washington area, Glen Echo was restricted to whites for the majority of its history. However, on June 30, 1960, a group of college students staged a sit-in protest on the carousel. Five African-American students were subsequently arrested for trespassing. The arrests were appealed to the Supreme Court four years later, and the convictions were reversed on the grounds that the state had unconstitutionally used its police power to help a private business



enforce its racial discrimination policy. As a result, an 11-week civil rights campaign began; students and residents of the nearby Bannockburn community alike came out in force. The park opened the doors to all races in the 1961 season. Attendance shrank in the late 1960s however and the amusement park closed in 1968.



Today The Glen Echo Park Partnership for Arts and Culture, Inc. manages Glen Echo Park, one of the liveliest visual and performing arts sites in the Washington area. Each year, more than 400,000 people come to the Park to renew their creative spirit through arts classes, festivals, exhibitions, dances, children’s theater, music performances, nature programs, and more. It still remains a great place to spend a Saturday in June.



If you are a history buff, have any fun historical facts about the neighborhood and the surrounding area and would like to write or suggest an article, please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.

EXETER TRUST

How many investment managers, estate attorneys and accountants consult each other concerning the best interest of their clients? We do.

INVESTMENT MANAGEMENT • ESTATE PLANNING • TAX & LEGAL SERVICES



THE PATH TO FINANCIAL SUCCESS & PEACE OF MIND STARTS WITH US

At Exeter Trust, our expertise in investment management and estate planning has recently expanded to include tax and legal services to provide our clients with everything needed to maximize portfolios and minimize tax and legal burdens.

We are dedicated to a unique "big-picture" approach to the delivery of our services, individually tailored to achieve our clients' goals.

7945 MacArthur Blvd., Suite 218, Cabin John, Md. 20818
301-652-1212 • grow@exetertrust.com • G. Patrick Price, Esq., President

NEIGHBORS' NIGHT out

Residents & Sponsors from Bannockburn Estates & Chevy Chase Village Enjoyed an Evening Together at Bethesda's Villain & Saint



If you would like to be included on the mailing list for future events or have a suggestion for a Bannockburn Estates event, please email sarah.taylor@n2pub.com or lauren.winkler@n2publishing.com.

CHEFS in the ESTATES

INGREDIENTS:

- 4 pints cherry tomatoes, halved
- ½ cup of extra virgin olive oil
- 2 tablespoons minced garlic (6 cloves)
- 16 large basil leaves, cut in thin strips, plus extra for serving
- 1/2 teaspoon crushed red pepper flakes
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 pound angel hair pasta
- 1 1/2 cups freshly grated Parmesan cheese, plus extra for serving

DIRECTIONS:

Combine the cherry tomatoes, 1/2 cup olive oil, garlic, basil leaves, red pepper flakes, 1 teaspoon salt, and the pepper in a large bowl. Cover with plastic wrap, and set aside at room temperature for 3-4 hours.

Just before you're ready to serve, bring a large pot of water with a splash of olive oil and 2 tablespoons salt to a boil and add the pasta. Cook al dente, (2 to 3 minutes). Drain the pasta, place in the bowl, top with the cherry tomato mixture. Add the cheese and some extra fresh basil leaves. Toss well.

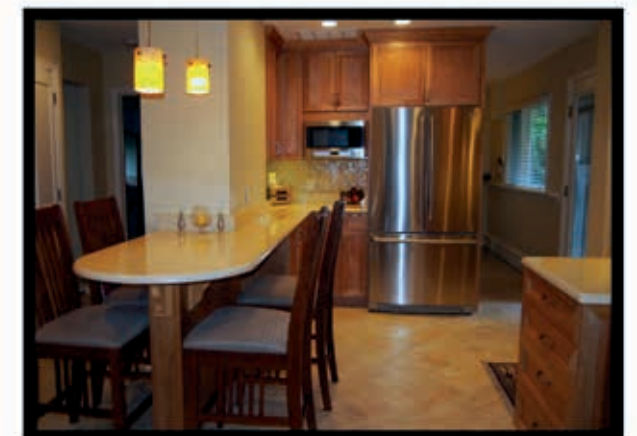
Serve in big bowls with extra cheese on each serving.



Would you like to have your favorite family recipe featured? We are calling all chefs to share your secrets! It's easy to do, just email [sarah](mailto:sarah.taylor@n2pub.com), taylor@n2pub.com or lauren.winkler@n2publishing.com.



EASY SUMMER PASTA



Showroom/Design Center

10233 Kensington Parkway

Kensington, MD 20895

301-942-8880

www.rInnovation.net, info@rInnovation.net

Hours: Mon-Fri 9-5, Sat. 10-3

june

local events

IMAGINATION BETHESDA

June 4, 10am-3pm, Downtown Bethesda
This children's street festival celebrates children and the arts, including musical performances, dance troupes, roving entertainment and hands-on art & craft activities



WASHINGTON FOLK FESTIVAL

June 4-5, 12-7pm, Glen Echo Park
Presented by the Folklore Society of Greater Washington, this free festival features hundreds of musicians, storytellers, dancers, and craft vendors representing the rich cultural diversity of the Washington area. Enjoy bluegrass, blues, and swing, as well as international traditions. Rain or shine.

ANNAPOLIS ARTS, CRAFTS & WINE FESTIVAL

June 4-5
The two-day celebration of the arts in Annapolis features the juried works of more than 200 fine artists and craftsmen, wine tastings, food, live entertainment and activities for the entire family.

NORTHERN VIRGINIA TOUR DE CURE BICYCLING EVENT

June 5, Reston Town Center, Reston, Virginia
Help raise funds and awareness about diabetes by participating in this annual event. All experience levels welcome. Participants ride on the beautiful trails of the W&OD and through farms and valleys of Virginia's historic horse country.

WASHINGTON SOAP BOX DERBY

June 18, 8:30am-5pm, Constitution Avenue on Capitol Hill, between New Jersey and Louisiana Avenues
Racers between the ages of eight and 17 will compete in three All American Soap Box Derby race divisions.

AFI DOCS FILM FESTIVAL

June 22-26, several locations
Visit www.afi.com for location and ticket information.

SMITHSONIAN FOLKLIFE FESTIVAL

June 29-July 4, daily 11am-5pm with evening events beginning at 6:30, National Mall
Sponsored by the Center for Folklife and Cultural Heritage, the festival celebrates cultural traditions around the world and includes daily and evening music and dance performances, crafts and cooking demonstrations, storytelling and discussions of cultural issues.

DC JAZZ FESTIVAL

June 10-19
This is the largest musical festival in the DC area with more than 100 performances in dozens of venues. See complete details at dcjazzfest.org.

PERFORMING ARTS

Wolf Trap National Park for the Performing Arts

June 9-11, *Ragtime*, The Musical
June 14, Jackson Browne
June 15, Barenaked Ladies, OMD, Howard Jones
June 23-26, *Riverdance*, Filene Center
June 23, 10:30am, *Up in Arms: Monster Intelligence*, Children's Theatre-in-The-Woods, ages 4-9

June 27 and 28, Paul Simon
June 28, 10:30am, *Sole Defined*, Children's Theatre-in-the-Woods, ages 4 and up
June 30, 8:30pm, Dreamworks Animation in Concert: National Symphony Orchestra, Filene Center

THE KENNEDY CENTER

June 19-July 31, The Second City's *Almost Accurate Guide to America*

SPORTS

WASHINGTON NATIONALS

Home games **June 10, 11, 12, 13, 14, 15, 27, 28, 29**

THE QUICKEN LOANS NATIONAL GOLF TOURNAMENT

June 20-26, Congressional Country Club, Potomac
Hosted by Tiger Woods, this premier PGA TOUR tournament invites 120 of the top professionals from around the world to compete for the coveted Quicken Loans National title in the nation's capital.

Bannockburn Banner

RESIDENT BUSINESS GUIDE

ARTIST

Rima Schulkind Art
Rima Schulkind
(301) 222-0279
rima@schulkind.com
www.schulkind.com

ORTHODONTICS

Orthodontics for Children and Adults
Donald V. Liang, D.D.S., P.A.
(202) 966-7711
donliang@str8smile.com

REMODELING

Vision Design Build
Jacqueline Barlow
(301) 263-0220
jacque.barlow@vdbllc.com
www.vdbllc.com

Attention Bannockburn Estates

Residents: Do you own or run a business? To have your business featured FREE in the Resident Business Guide in an upcoming issue of the *Bannockburn Banner* please contact **Timothy Beam @ 301.222.7361** or e-mail timothy.beam@n2pub.com.

ATHLETIC CLUB

Chevy Chase Athletic Club
Connie Barnes, Director of Squash
(301) 656-8834
conniesquash@gmail.com
www.chevychaseathleticclub.com

REALTOR

WC & AN Miller Realtors, a Long and Foster Company
Rita Liptz, Residential Realtor
(240) 305-6496
rita.liptz@LNF.com

MAYHEM is EVERYWHERE



FORTUNATELY, SO ARE Allstate AGENTS

Your in Good Hands with your local
FAIRWEATHER INSURANCE AGENCY

Ron Ziegel
ronz@allstate.com
3720 Farragut Avenue # 100
Kensington, MD 20895-1220
o) 301.232.0400 c) 561.350.8165

2 SUMMER CAMPS IN JUN • JUL • AUG FOR 5-12yrs

Visit us at rochambeau.org/camps

- Playful and educational French immersion camp with **French Academy®**
- Signature sports programs and activities stimulate the imagination with **HoopEd®**

THAT'S THE CAMP FOR MOI!

ROCHAMBEAU
THE FRENCH INTERNATIONAL SCHOOL

Rochambeau camps | 9600 Forest Rd Bethesda MD

SUMMER home IMPROVEMENT IDEAS

create the perfect outdoor space

By N2 Staff Writer, Megan Weatherly Lynn

Summertime is perfect for spending warm nights grilling out by the pool with family and friends. Need to get your outdoor spaces ready for entertaining? These are a few summertime projects to make your home the hot spot for backyard barbecues.

1. build a deck

Nowhere to set up your grill? Build a simple platform-style deck on-grade. You'll only need basic tools, lumber and a few concrete piers, plus whatever stain or paint you choose.

2. create an outdoor kitchen

Speaking of that grill, consider bringing in a designer to help plan out the perfect outdoor kitchen. Many home improvement stores also offer pre-designed outdoor kitchen sets. With a sink, refrigerator and bar top, you'll be ready to host your first summer party in no time.

3. buy new patio furniture

With all of the time you'll be spending outside, be sure to invest in some high-quality patio furniture. Consider a dining set with an anti-corrosive finish and weather-proof fabric to ensure that it will withstand the elements and changing seasons.

4. build a raised garden

Warm weather is perfect for growing your favorite fruits and vegetables right in your own backyard. Build a raised garden bed with stones or simple 2x4s purchased from your local home improvement store. Fill with soil and start planting your tomatoes, lettuce and peppers.

5. add landscape lighting

Nothing adds evening ambiance like accent lighting. Complement the fireflies in your backyard by installing some exterior lighting to pathways, decks and pools. Your family and friends will thank you for making your outdoor spaces easy to navigate once the sun goes down.

6. install a fire pit

While some summer nights may be too warm for sitting around a fire, this is the perfect time to install a brand new fire pit. Whether you choose to build a custom structure or purchase a pre-assembled one, a fire pit will make your outdoor space livable well into the autumn months.

7. add a screen

Are pesky mosquitoes keeping you from enjoying your back porch to its full potential? Add new posts and screening to create a barrier. This will allow you to enjoy the sunsets and breezes while minimizing the uncomfortable bug bites.

healthy living

SUMMER SMART SUN SAFETY

Break Out The Sunscreen, Sunglasses And Sun Hat!

Written by N2 Staff Writer, Elizabeth McCabe

To tan or not to tan? That is the tantalizing question that sun worshipers face. It is hard to resist basking in the sun to achieve that bronze, sun-kissed glow. But what else is the sun doing to your skin in the process?

Unfortunately, the harmful rays of the sun can result in wrinkles, premature aging and even skin cancer. Instead of turning to Botox and anti-aging remedies, all you really need is a bottle of sunscreen. According to the Skin Care Foundation, a staggering 90 percent of visible aging comes from the hours you spend in the sun (not your age) -- shocking, but true.

Another misconception is that sunscreen is only necessary when the sun is shining. Unfortunately, ultraviolet rays come with cloud cover too. Protection is needed on all days; the sun's rays know no mercy. If you think you are safe because you have a dark skin tone, think again. Those with darker skin are more likely to get more serious kinds of skin cancer when diagnosed; all the more reason to lather up when going outside. Fair-skinned people aren't immune from the UV rays of the sun either. They are more likely to develop skin cancer when exposed to the sun's damaging rays.

Summer smart sun safety is paramount for children and adults alike. According to the American Academy of Dermatology, everyone should wear sunscreen daily, regardless of skin tone. Apply sunscreen at least 30 minutes prior to sun exposure for the best results to allow the product to be fully absorbed into the skin.

While you're at it, don't forget to break out the sunglasses and the hat. Protect your eyes from sun damage by purchasing sunglasses that shield against UVA and UVB rays. Wearing sunglasses without UV protection is a no-no. Darkened lenses cause the pupil to let in more light, allowing more UV light into

the back of the eye. Sun hats are another form of protection from skin cancer. With every extra inch of hat brim, reduce your risk of skin cancer by 10%. It's worth it!

Enjoy the summer but not without summer smart sun safety. Slather on the sunblock, don a pair of UV-blocking sunglasses, and invest in a sun hat. Your skin will thank you later!



Let Us
Provide the
Peace of Mind
You Deserve

Brotman Insurance Agency

Serving the community for over 40 years.

Call Today for a
No Obligation Insurance Review.

You'll Be Surprised
By What You Don't Know!

Elizabeth Carroll, Agent
Theresa Berg, LSP

Bethesda Medical Building
8218 Wisconsin Avenue, Suite P-16, Bethesda, MD 20814

(301) 424-6900

ecarroll@allstate.com

<http://agents.allstate.com/elizabeth-carroll-bethesda-md.html>

Cosmetic Surgery? Confidence Starts Here!

We also
offer many
non-surgical
alternatives
including
BOTOX®
and facial
fillers as well
as permanent
make-up.

Cosmetic surgery can make you
look and feel years younger and
bring added confidence into your life.

Dr. Diane Colgan has practiced
plastic surgery for more than 25 years.
Her care and attention and
expertise are second to none.

Call today for your free initial consultation
and take a step forward in turning back the clock.



Diane L. Colgan, M.D., F.A.C.S.
Board Certified Plastic Surgeon
10411 Motor City Drive, Suite 615
Bethesda, MD 20817
301.299.6644

www.dianecolganmd.com



Real Estate Resource

Featured properties may not be listed by the office/agent presenting this brochure.

Source Multiple Listing Service. All information herein has not been verified and is not guaranteed.

Supplied by Vicki Porter, SRES, W.C. & A.N. Miller Realtors, A Long and Foster Company



Address	Neighborhood	List Price	Sale Price	DOM	Beds	Baths	Parking	Half Baths
7008 Carmichael Ave	Bannockburn Estates	\$1,399,000	\$1,325,000	90	6	4		
7009 Arandale Rd	Bannockburn	\$2,349,000		37	5	5		1
6207 Bannockburn Dr	Bannockburn Coop	\$1,899,000		52	5	4		
7125 Helmsdale Rd	Bannockburn Estates	\$1,695,000		41	5	4		1
6524 E Halbert Rd	Bannockburn	\$875,000		26	5	3		
7200 Crail Drive	Bannockburn Estates	\$1,030,000	\$985,000	40	4	3		
7101 Loch Lomond Dr	Bannockburn Estates	\$1,050,000		22	6	4		1
7000 Heatherhill Rd	Bannockburn Estates	\$965,000		40	5	5		
7301 Nevis Rd	Bannockburn	\$2,250,000		10	5	4		1
7306 Broxburn Ct	Bannockburn Estates	\$2,445,000		384	6	5		1
7001 Orkney Pkwy	Bannockburn Heights	\$2,595,000		14	6	6		2
7205 Loch Lomond Dr	Bannockburn Estates	\$1,230,000		20	6	4		
6629 Elgin Ln	Bannockburn Heights	\$3,395,000		14	4	4		2
6804 Broxburn Dr	Bannockburn Estates	\$1,599,000	\$1,400,000	40	5	3		
7110 Laverock Ln	Bannockburn	\$1,069,000		9	5	3		



"Being licensed in Maryland, D.C. and Virginia allows me to show my clients all the possibilities."

What makes you different than others in your profession? I'm a certified Senior Real Estate Specialist (SRES), which means I have taken courses necessary to qualify to help people downsize from that big house where they raised a family and move onto a new phase of life. Through my network of resources, I help with organizing, fix ups, staging and donating. Sometimes adult children are involved, and I like forming a team of sorts with the sellers and their adult children. It can be a challenging process, but one I enjoy and that brings great emotional rewards.

What is the one thing that your clients should know about you? I am able to find my buyers hidden gems and surprisingly great areas since I've lived in Bethesda all my life. Being licensed in Maryland, D.C. and Virginia allows

me to show my clients all the possibilities. This knowledge benefits those who may not know what city they would like to live in yet or those who may be moving for a new job.

How would your clients describe you? My clients have described me as trustworthy, efficient and responsive. Here is part of a recent note that I appreciated: "Working with Vicki was like working with a trusted friend who had only our best interests at heart. Not only did she sell our condo quickly, she helped us with every aspect of the move and preparation. Since I was trying to manage the sale long distance, she took my place in handling all of the many on-site activities. She was always available and responsive to my many questions, and went well beyond our highest expectations."

Vicki L. Porter, SRES (Seniors Real Estate Specialist)

W.C. and A.N. Miller Realtors "A Long and Foster Co."
4701 Sangamore Rd Bethesda, MD 20816

Cell-- 301-325-2965

Office-- 301.229.4400 Web-- www.VickiPorter.net



BERRYLOC • CORK • BAMBOO



Highest Quality Hardwood Flooring
At The Best Prices – Direct to You!

Voted Best Flooring Company in Washingtonian Magazine (2011 & 2013)

Atlas floors can install, repair, sand and finish your new and existing floors at competitive prices.

We will offer a \$200.00 discount on all new orders (min order \$1000.00)

ATLAS FLOORS, INC.

7845 G Airpark Road Gaithersburg, MD 20879
301-948-9144 • atlasr@aol.com
www.atlashardwoodfloorsinc.com

Other Location

Custom Gallery / Design Center
8000 Wisconsin Avenue
Bethesda, MD

The Gallery is By Appointment Only

301-948-9144 • 301-865-1300

MAPLE • HICKORY • AMERICAN CHERRY

Do You Know Someone...

Who Is Changing Careers?

N2 Publishing is quickly growing and has locations opening nationwide. We have been recognized as one of the fastest growing media companies by Inc Magazine. N2 has a fantastic corporate culture that is welcoming independent, motivated, entrepreneurial candidates.



Contact us at www.n2pub.com

COLONIAL OPTICIANS



TOP BRANDS.
ADVANCED TECHNOLOGY.
SUPERIOR SERVICE.

- 4 Convenient Locations
- 50 Years Making Things Clear
- Trend-Setting Luxury Eyewear
- Experienced & Caring Staff
- Eye Exams Bethesda, Kentlands & Potomac only
- Latest Lens Technology

OLIVER PEOPLES
OWELL

COLONIAL OPTICIANS.COM

Bethesda

4942 St. Elmo Ave,
Bethesda, MD 20814
301.657.3332

Rockville

(Federal Plaza) 1776 E Jefferson St,
Rockville, MD 20852
301.881.7422

Potomac

(Potomac PI Shopping Ctr) 10130 River Rd, Unit A,
Potomac, MD 20854
301.299.5222

Kentlands

(Kentlands Mkt Sq) 718 Center Point Way,
Gaithersburg, MD 20878
301.990.0398

NEST AT HOME!



Live Your Best Life, At Home

Home support services provided by
Certified Nursing Assistants
Nurse owned boutique agency
Local and independently owned
Free in-home assessment

301-873-1103

www.4SHomeCare.com

Bannockburn Banner

PRSRT STD
US POSTAGE PAID
WILMINGTON NC
PERMIT NO. 40

DC_Washington

There's no place *like home.*

Peace of mind starts with having a company you trust on your side to help protect your home. The GEICO Insurance Agency could help you obtain coverage for your:

Home

Rental

Condo

With the GEICO Insurance Agency, you can count on access to a team of licensed insurance agents committed to delivering prompt and professional customer service. We can help you obtain coverage at a great rate.

Call 1-800-841-2964 or stop by your local GEICO office and see how much you could save today.

GEICO®

geico.com

1-800-841-2964

Local Office



Some discounts, coverages, payment plans and features are not available in all states or all GEICO companies. Homeowners, condo and renters coverages are written through non-affiliated companies and are secured through the GEICO Insurance Agency, Inc. GEICO is a registered service mark of Government Employees Insurance Company, Washington, DC 20076; a Berkshire Hathaway, Inc. subsidiary. © 2016 GEICO