



# Bannockburn Banner

AN EXCLUSIVE BCA APPROVED  
PUBLICATION FOR THE RESIDENTS OF  
THE BANNOCKBURN ESTATES

OCTOBER 2015



**BUDDING ARTISTS?**  
Bethesda twins  
Frances and Madison  
at Pike and Rose event.

Cover Photo: Timothy Beam

# Market Street Diamonds

Called upon by the very best for appraisals, buying & selling diamonds, and custom jewelry.

2914 M Street Georgetown Washington, DC 20007  
marketstreetdiamonds.com 202-552-5744

IMPORTANT PHONE NUMBERS

www.n2pub.com

© 2015 Neighborhood Networks Publishing, Inc.

publishing™

EMERGENCY

911 Call for an emergency or for down “hot” wires

NON-EMERGENCY NUMBERS

- 301.279.8000

Police—Non-emergency number
- 240.773.4741

Ambulance and Rescue Services  
Bethesda-Chevy Chase Rescue Squad  
www.bccrs.org
- 240.773.4706

Bethesda-Chevy Chase Rescue Squad  
www.BethesdaFire.org
- 301.896.3100

Hospital | Suburban Hospital
- 202.537.4000

Hospital | Sibley Hospital

UTILITIES

- PEPCO Electric

877.737.2662
- PEPCO Customer Service

202.833.7500

Press 0 at each prompt until connected to a human  
Contact Online: [www.pepco.com/contact/online](http://www.pepco.com/contact/online)

PEPCO has encouraged neighbors to send them specific requests about low-hanging limbs over wires in Bannockburn. PEPCO will cut tree limbs that are within 10 feet of power lines to negate potential threat

Daniel Landry

Senior Staff Forester, PEPCO

dplandry@pepco.com

OFFICE #

CELL #

301.670.8741

240.508.3591

Pat Byrne  
Forestry Dept Service Manager  
pbyrne@pepco.com

- 800.837.4966

Verizon (for service)  
[www22.verizon.com/customersupport/contactus](http://www22.verizon.com/customersupport/contactus)
- 240.777.6410

Garbage Collection & Recycling  
[www.montgomerycountymd.gov/solidwaste](http://www.montgomerycountymd.gov/solidwaste)
- 311

Special Pick-Up (furniture, lamps, etc.)
- 240.777.0311

Out of County  
Residents allowed 4-5 pick-ups per year
- 240.777.6410

Leaf Collection
- 240.777.6000

Snow Removal  
(report snow removal problems or downed trees)

AREA DIRECTOR Timothy Beam  
301.222.7361  
timothy.beam@n2pub.com

PHOTOGRAPHERS BCA Board Members, Edith Miles, Jane Pettit, Davidson Chen and the Bannockburn Residents at Large, Tim Beam, Makenna Beam

CREATIVE TEAM Marie Nowell  
Amy Mattlin

**DISCLAIMER:** Any articles included in this publication and/or opinions expressed therein do not necessarily reflect the views of N2 Publishing but remain solely those of the author(s). The paid advertisements contained within the *Bannockburn Banner* magazine are not endorsed or recommended by N2 Publishing or the publisher. Therefore, neither N2 Publishing nor the publisher may be held liable or responsible for business practices of these companies. NOTE: When community events take place, photographers may be present to take photos for that event and they may be used in this publication.

## Euro Design Center

Closets, Home Offices, Pantries, Mud rooms, Garages, etc.

Tel: 301-770-8660

Serving Washington area for 35 years  
We are the manufacturer. No middle man!  
Free in-home design consultation

Showroom Address:  
11530-D Rockville Pike,  
Rockville MD 20852

Showroom hours:  
M,W,F,S 11 am to 6 pm,  
T,R by appointment only, Su closed.

continued...

CONTINUED

If a County plow has damaged your mailbox, the county will install a standard post and mailbox at your residence

To file a report call: 240.777.8920  
Non-Standard mailbox  
damage reporting: 240.777.6000

For a street missed by county plows:  
<http://www6.montgomerycountymd.gov>

GOVERNMENT

Civic Problem Solving

|                                                                                                                                                   |                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Roger Berliner<br>240.777.7828<br>District 1 Council Member<br><a href="http://www.montgomerycountymd.gov">www.montgomerycountymd.gov</a>         | United States Postal Service<br>301.365.8673<br>West Bethesda Office<br>9601 Seven Locks Road<br>Bethesda, MD 20817<br><a href="http://www.usps.com">www.usps.com</a> |
| Housing Code Enforcement<br>240.777.3785<br>tall grass, vacant home<br><a href="http://www.montgomerycountymd.gov">www.montgomerycountymd.gov</a> | State Roads problem reporting<br>800.543.2515                                                                                                                         |

CONTRIBUTORS AT LARGE

some are included below (please submit your pictures to be included)  
Your BCA Board Members, Block Captains and the Residents of The Bannockburn Estates

Ted Garrett, Edith Miles, Jennifer Kavar, Jane Pettit, John and Isabelle Hannula, Rod Cormier, Joyce Siegel, Pauline Reeping Nadol, Elizabeth Kellar, Julie Keefer, Leila & Cade Afas, Girish and Pavi Tumpabaura, Jenni Cloud, John Noble, Lele McAdoo, Rebecca Kahlenburg, Jacqueline Barnes and many others that I am gathering “headshots” from for inclusion here. I have left out many—send me your hi-resolution headshot and I will include it on this page for each submission!

We are always looking for residents to follow up on leads, find great stories and send us ideas. Let’s celebrate the great things happening in our community! No contribution is too small. Please call Timothy Beam 301.222.7361 or email [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com) with your pictures, suggestions, or requests.

If you are interested in being a part of our staff here at the *Bannockburn Banner*, we are always looking for great people -- writers, photographers, columnists and a content or an event coordinator. It's fun, easy and a great way to get involved with your neighborhood. Contact Timothy Beam at [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com)

Thanks for your participation in Bannockburn Banner.

CHRISTOPHERS  
GLEN ECHO HARDWARE

POWERING YOUR PROJECT

MAKITA | WEBER | FESTOOL.  
PASLODE | SIKKENS  
BENJAMIN MOORE | FEIN  
FINE PAINTS OF EUROPE

7303 MacARTHUR BLVD  
[JUST AROUND THE CORNER]  
BETHESDA, MD 20816  
301.229.3700  
WWW.GLENECHOHARDWARE.COM  
TO VIEW BARGAINS OF THE MONTH



24/7 Emergency  
Service Available

Daniel's Home Services, LLC

Services Offered

- HVAC Installation
- HVAC Ongoing Maintenance
- HVAC Repairs
- Air Quality and Ventilation
- Refrigeration

(301) 351-1695 | [www.dhvacr.com](http://www.dhvacr.com)

OCTOBER

Bannockburn Banner

ARCHITECTURAL  
DESIGN

Anthony Wilder Design Build  
(301) 907-0100  
[www.anthonywilder.com](http://www.anthonywilder.com)

BATHROOM  
REMODELING

Miracle Method  
(301) 571-4200  
[www.miraclemethod.com](http://www.miraclemethod.com)

CLOSETS / CABINETS

European Closets, Inc  
(301) 770-8660  
[eurodesigncenter.com](http://eurodesigncenter.com)

COSMETIC SURGERY

Diane L. Colgan MD  
(301) 299-6644  
[www.dianecolganmd.com](http://www.dianecolganmd.com)

DESIGN BUILD

Merrick Design & Build Inc.  
Addie Merrick-Phang  
(301) 946-2356  
[remodelwithmerrick.com](http://remodelwithmerrick.com)

DESIGN BUILD &  
RENOVATIONS

Hanlon Design Build  
(202) 244-2942  
[www.hanlonbuild.com](http://www.hanlonbuild.com)

ESTATE SALES

Four Sales LTD  
(703) 256-8300  
[www.foursales.com](http://www.foursales.com)

FLOORING

Atlas Floors, Inc.  
(301) 948-9144  
[www.atlashardwoodfloorsinc.com](http://www.atlashardwoodfloorsinc.com)

FURNITURE

Nest301  
Jacque Barlow  
11416 Rockville Pike  
North Bethesda, MD 20852  
(301) 231-5600  
[www.nest301.com](http://www.nest301.com)

HVAC

Daniel's Home Services  
(301) 351-1695  
[www.dhvacr.com](http://www.dhvacr.com)

This section has been created to give you easier access when searching for a trusted neighborhood vendor to use. Take a minute to familiarize yourself with the businesses sponsoring your newsletter magazine.

These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting your community!

Don Hoffacker's Air

Conditioning and Heating, Inc.  
(301) 972-0017  
[www.donhoffacker.com](http://www.donhoffacker.com)

HARDWARE

Christophers Glen Echo  
Hardware  
(301) 229-3700  
[glenechohardware.com](http://glenechohardware.com)

HEATING & AIR

Parker Pearce Heating & Air  
(301) 548-9000  
[www.serviceexperts.com](http://www.serviceexperts.com)

HEATING / COOLING  
& GEOTHERMAL

Harvey W. Hottel, Inc.  
(240) 912-8909  
[www.harveyhottel.com](http://www.harveyhottel.com)

HOME CARE  
SOLUTIONS

Four Seasons Home Care  
Staffing Solutions, LLC  
(301) 873-1103  
[www.4SHomeCare.com](http://www.4SHomeCare.com)

NeighborhoodSponsors | 5

HOME REMODELING

Maryland Sunrooms  
(301) 829-1313  
[www.marylandsunrooms.com](http://www.marylandsunrooms.com)

INSURANCE

Brotman Insurance Agency /  
Allstate  
Elizabeth Carroll / Agent  
Bethesda Medical Bldg. 8218  
Wisconsin Avenue Ste P-16  
Bethesda, MD 20814  
(301) 424-6900

Fairweather Insurance Agency  
(301) 232-0400

JEWELER

Market Street Diamonds  
(202) 552-5744  
[marketstreetdiamonds.com](http://marketstreetdiamonds.com)

KITCHEN & BATH  
DESIGN-BUILD

Rinnovation  
(301) 942-8880  
[rinnov8.net](http://rinnov8.net)

continued...

...continued

**LANDSCAPING**

Martin Lawn &  
Landscaping, Inc  
(301) 565-0556  
www.martinlands.com

**MAID SERVICES**

The Maids of Southern  
Montgomery County  
(301) 562-8900  
www.maidsinmd.com

**MEDICAL SPECIALIST**

Rockville Concierge Doctors  
(301) 545-1811  
www.rockvilleconciergedocs.  
com

**PLUMBING,  
HEATING &  
COOLING**

Cool Breeze Plumbing Heating  
and Air Conditioning  
(301) 879-3400

**REAL ESTATE**

Stephen Bennetts / Prudential  
Pen Fed Realty  
(240) 277-3315  
brerealtor@yahoo.com

**REALTOR**

Berkshire Hathaway Home  
Services Pen Fed Realty  
Patrick Mayo  
(301) 961-6000  
pat.mayo@pcragent.com

**REMODELING**

Vision Design Build  
Jacque Barlow  
7004 Orkney Parkway  
Bethesda, MD 20817  
(301) 263-0220  
www.vdbllc.com

**ROOFING  
CONTRACTORS**

East Coast Roofing, LLC  
Joseph Anastasi  
(301) 874-5380

**WINDOW CLEANING  
/ TINTING / POWER  
WASH**

Window Genie  
(301) 933-0433





Medal of Excellence  
for 2007

*Don Hoffacker's*  
*Air Conditioning & Heating, Inc.*  
GERMANTOWN, MARYLAND  
**301-972-0017**

*"We have been top rated by a local, prominent consumer group"*

**Residential Sales & Services**  
• Free estimates • Quality service • Prompt service

Family operated since 1977 for 2007  
*Check out our ratings! www.angieslist.com*

**19703 Waters Road Germantown, MD 20874 | 301-972-0017 | www.donhoffacker.com**





*I'm so glad I live in a world where there are Octobers.*  
- L.M. Montgomery, Anne of Green Gables

# Publisher's Note

**ON THE COVER:**

**In this issue:** events/activities/beauty/art in and around the Estates.

**Coverage of new venue of choice:** Pike and Rose's Slider Smackdown and Block Party, your monthly Letter from the President, Ted Garrett, Bernie shares Jack and Pauline Reeping Nadol's rancher transformation, and announcements of upcoming events including the 59th Annual Potomac Country House Tour Fundraiser Saturday and Sunday, October 3 and 4!

**Upcoming in November:** Coverage of the September 10 BCA meeting with Judith Welles, a local history author who shared her insights, photos and historical highlights regarding the C&O Canal.

**Watch out for Ghosts and Goblins** and take in the gorgeous fall colors in Bannockburn!

Please send in your fall pics and neighborhood or family get-togethers, Fall Fest, pumpkin patch/hay ride or Thanksgiving experiences, and don't forget to nominate your favorite homes and yards or share your family's back to school or off to college stories to feature in upcoming issues!



Annual Silver Spring  
Zombie Walk,  
October 2014.

Fall-time Photos or stories to feature can be emailed to **timothy.beam@n2pub.com** or contact **Timothy Beam, 301.222.7361**, if you have questions

**Respectfully,**  
Timothy Beam, Publisher  
*Bannockburn Banner*  
301.222.7361



Your publisher Tim Beam at Pinstripes event in Georgetown.

*Chryssa Wolfe*  
**HANLON**  
design build

**Renovate  
Remodel  
Rejuvenate**



**Full Service Architectural Design and Build**  
**www.hanlonbuild.com**  
**202.244.2942**  
*"Where Artistry Prevails"*



# LETTER FROM THE PRESIDENT } TED GARRETT

I HOPE YOU ARE ENJOYING THE BEGINNING OF FALL.

**Fall Festival.** Our Fall Festival will be held in mid-October in Concord Park. It should be another festive event for all neighbors and I hope you will attend. More details will follow via e-mail to those who have registered on our website. If you have questions or (especially) if you would like to volunteer, contact Bonnie Garrett at [bonniexgarrett@gmail.com](mailto:bonniexgarrett@gmail.com).

**Register.** Please register in order to receive e-mail announcements about activities, meetings and other developments. Please go to the BCA website and register: <http://bannockburncitizens.org/register/>

**Get Involved:** We welcome volunteers who are interested in working on our BCA committees. We welcome suggestions for activities that you would like to see us undertake. Send your ideas to me: [tgarrett@cov.com](mailto:tgarrett@cov.com).

**Other Events.** We are open to having other events that will bring neighbors together and foster a sense of community. If you have suggestions, please let us know.

**Construction.** Our covenants committee, headed by Ben Schlesinger, continues to monitor construction and permit applications in the neighborhood and communicates with owners and builders about compliance with the BCA covenants. If you know of or have questions about a new construction, renovation or sale, contact Ben at [bschles@bsaenergy.com](mailto:bschles@bsaenergy.com).

**Neighborhood Security.** **Neighborhood Security.** The committee acts works with the block captains and is considering other ways to improve neighborhood security. If you have suggestions

or wish to volunteer to be a block captain, contact committee Chair John Hannula at [john\\_hannula@yahoo.com](mailto:john_hannula@yahoo.com). Remember: if you see something suspicious, call the police non-emergency number 301-279-8000 or 911 for a crime in progress.

**Seniors.** **Edith Miles** is Chair of our very active Good Neighbors committee. The committee organizes various activities and works to help BCA seniors who want to continue to live in their homes in their senior years. You can contact Edith for information or suggestions at [ewmiles@comcast.net](mailto:ewmiles@comcast.net).

**New Neighbors.** **Jane Pettit and Cecily Abrams** visit and welcome new BCA neighbors. You will often know about new neighbors before we do. If you know of new arrivals to the neighborhood or would like to help on this committee, please email [janepettit1@verizon.net](mailto:janepettit1@verizon.net) or call: 301-229-5932.

**Environment Committee.** Our BCA environment committee is a resource to the neighborhood and to our covenants committee. Contact committee Chair Seth Goldstein [sethrgoldstein@verizon.net](mailto:sethrgoldstein@verizon.net) if you have suggestions or wish to volunteer.

**Bannockburn Banner.** The goal of this venture is to improve our communications and opportunities for neighbors to interact. If you have questions or suggestions, please contact BCA board member John Noble at [johnnoble@mac.com](mailto:johnnoble@mac.com) or your publisher Timothy Beam directly at 301.222.7361 or [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com).



Best wishes,  
Ted Garrett | BCA President

## BANNOCKBURN CITIZENS ASSOCIATION

Please pay Calendar Year 2015 dues Now

### DUES PAYMENT COUPON

☐ Member \$30

☐ Supporting Member \$50

☐ Patron \$100 Enclosed is my check for

\$\_\_\_\_\_, (Contributions above “member” are used for miscellaneous BCA expenditures, such as refreshment for General Meetings and our semi-annual picnics.) Dues can be paid through the Website: [Bannockburncitizens.org](http://Bannockburncitizens.org).

Name: \_\_\_\_\_

Email: \_\_\_\_\_

House Number and Street: \_\_\_\_\_

### SEND TO:

Bonnie Garrett, Treasurer, BCA 6604 Broxburn Dr., Bethesda, MD 20817

## MEET YOUR BANNOCKBURN BANNER CONTRIBUTORS

Thanks for your participation in Bannockburn Banner!



Edith Miles



Jennifer Kawar



Ben Schlesinger



BCA Board President  
Ted Garrett



Davison Duo – Madison  
and Davis Gestiehr



Pauline Reeping Nadol  
and Bernie



Jane Pettit



Rebecca Kahlenburg



Lele McDoo and Katie



Isabelle Hannula  
and Hailey



John Noble



Seth Goldstein,  
BCA Environmental  
Committee Chair



Rima Schulkind



Jacqueline Barnes

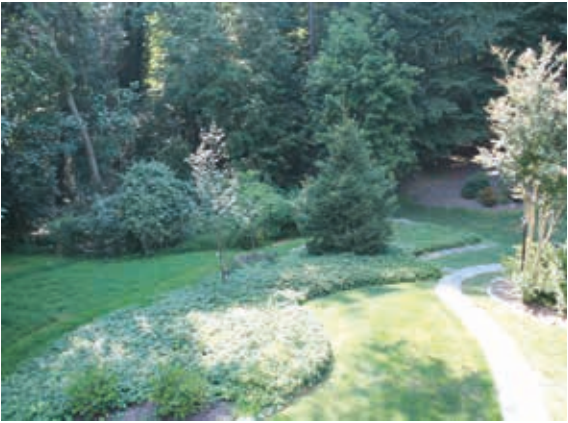


<< Faris and  
Cade Afas

If you are interested in being a part of our staff here at the Bannockburn Banner, we are always looking for great people -- writers, photographers, columnists and a content or an event coordinator. It's fun, easy and a great way to get involved with your neighborhood. Contact Timothy Beam at [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com).



Rancher: after  
—transformed into Colonial.



# Home OF THE Month

## WEEKEND AT BERNIE'S Before/After Landscaping & Remodel Shots

By Bernie



Ranch style: before—no curb appeal.



Backyard: before. Hughes, under Pauline and Jack's direction, made the lower patio into its own private, secluded escape through integrating verticality into selected plantings and delineating the space



Another backyard: after.

*Bannockburn Alpha-Dog Bernie had his people (Pauline Reeping and Jack Nadol) tell the story of their rancher transformation and Bernie let me take a few pictures once I promised him a by-line and future features in the Bannockburn Banner about his pals in the neighborhood!*

**Here is an excerpt from their Meet your Neighbor feature in this edition of the Bannockburn Banner:**

Jack and Pauline used a local design/build firm to help them convert their ranch-style ugly duckling house into the swan colonial home it is today. The home's location inside the beltway and its proximity to both D.C. and downtown Bethesda convinced Jack and Pauline that the ranch-style home

they purchased back in 1982 was truly a "diamond in the rough" and, with the help of a local remodeler and landscaper their jewel took on quite a sheen!

Hughes Landscaping has maintained the beautifully landscaped 1/2 acre lot for the past 25 years. Keeping the footprint of the original house was a challenge Pauline and Jack met which has allowed them to enjoy the park like setting without destroying the character of the neighborhood.



# MERRICK DESIGN AND BUILD INC.

An award winning design build firm in Montgomery County, Merrick is known for our customer satisfaction. Specializing in total home renovations and everything in between, Merrick's customer first team will listen to you to turn your remodeling dreams into reality!



remodelwithmerrick.com  
301-946-2356 • dmerrick@mdbi.us

...continued





Angie's List A- Rated

New Roof and Leak Repair  
Shingles, Slate, Tile, Metal, Cedar, Flat membrane systems  
Certification & Affiliations  
Certified Mule Hide Flat roof systems applicator  
Certified Duradek applicator- Member of the MNCBIA

East Coast Roofing strives to exceed our customer's expectations.  
We take pride in every job performed.  
"Your Roofing Contractor of Choice" your satisfaction comes first!  
We have over 50 years (office and field) experience.  
We have built our business on customer referrals.

**301.874.5380**



**WINDOW GENIE**  
We Clean Windows and a Whole Lot More!

**CALL TODAY FOR A FREE ESTIMATE!**  
**301-933-0433**  
bethesda.windowgenie.com

**Our Services Include:**  
Window Cleaning  
Window Tinting  
Gutter Cleaning  
Power Washing  
Concrete Cleaning  
House Wash

Mention this ad and receive  
**10% off**  
your service!



# Resident Recipe

## COMFORT FOOD – MAC & CHEESE CUPCAKES



Excellent finger food for your own trick or treaters (held together by Ritz cracker crust and enhanced with Garlic-Herb Boursin cheese). Delicious!

This recipe has gone through several adaptations—and here is another variation garnered through experience – although the original recipes don't include this step, we strongly recommend baking these in a muffin tin with paper liners sprayed with non-stick cooking spray to prevent sticking. Makes for getting at "the golden prize" much easier!

### INGREDIENTS

- 12 ounces, uncooked elbow pasta (equals 6 cups once cooked)
- 3 cups Ritz cracker crumbs (about 2½ sleeves)
- 4 cups shredded sharp cheddar cheese, divided
- 8 tablespoons unsalted butter, melted (one stick)
- 1 5.2-ounce package Boursin garlic herb cheese
- 2 tablespoons cold unsalted butter
- 2 large eggs
- ¾ cup whole milk
- ¼ cup sour cream
- ¼ teaspoon salt
- Pinch of red pepper flakes

### INSTRUCTIONS

Bring a large pot of water to a boil and cook the elbow pasta according to package direction to slightly less than al dente. Drain the pasta well.

While the pasta is cooking, preheat the oven to 350 degrees.

Combine the Ritz cracker crumbs, ¾ cup of the shredded cheese and the melted butter. Mix until fully combined.

Line two standard size muffin tins with paper liners and spray each liner with non-stick cooking spray as well as over spray onto top of pan. Divide the cracker mixture into each muffin liner evenly between 24 cups. Using the flat bottom of a small glass, press the cracker mixture firmly into the bottom of the liners. In a large mixing bowl, add the drained pasta, the remaining shredded cheddar cheese, Boursin cheese and cold butter.

In a separate bowl, combine the eggs, milk, and sour cream. Whisk to combine. Pour the liquid mixture into the bowl with

the pasta mixture. Add the salt and red pepper flakes and gently stir all of the ingredients together to combine – being careful not to break up the pasta.

Divide the pasta mixture between each muffin liner placing on top of the cracker mixer. Bake until light golden brown – about 25-30 minutes. Remove from the oven and let cool slightly, then remove from the pan and serve warm.

Serves: 24 servings  
Prep time: 30 minutes  
Cook time: 25 minutes  
Total time: 55 minutes

To share your favorite recipes in the next issue of the Banner please send them to [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com).





**Showroom/Design Center**  
10233 Kensington Parkway  
Kensington, MD 20895  
**301-942-8880**  
**[www.rInnovation.net](http://www.rInnovation.net), [info@rInnovation.net](mailto:info@rInnovation.net)**  
Hours: Mon-Fri 9-5, Sat. 10-3

# meet your neighbors

By Bernie

## Bernie & His People – Pauline Reeping & Jack Nadol

Mom and dad (Pauline and Jack ) have had five dogs who walked the streets of Bannockburn over the years, allowing them to engage and really get to know their neighbors. That's the real beauty of our Bannockburn setting – the true sense of community and the beauty that surrounds us daily. Not only does my



Pauline and Bernie on Bernie's front porch.

## REFERRED FOR A REASON\*



CALL NOW FOR A FREE ESTIMATE 301.562.8900

96% of our customers would recommend The Maids to friends and family. And that's saying something in this business. After all, you don't want just any maid service in your home. Learn more at [maidsinmd.com](http://maidsinmd.com)



Goldendoodle girlfriend jazz come to visit me but I get to take my people out to meet new friends, as well — it's all good as long as they understand Bannockburn Bernie is the alpha-dog in these parts!

*Now let me share a little about my people.*

Pauline served as president and co-founder of the Bannockburn Garden Club which had a very active membership. Bi-monthly meetings were held in members' homes with featured speakers from the botanical world — it was an active, very cohesive group. Another thing I look forward to: Pauline regularly takes me to St. Bart's Victory House (a retirement community) where I serve as a therapy dog frequently visiting my senior pals.

Pauline, Jack and I are never lacking a sense of belonging here in the Bannockburn Estates!

Now it's time to let my people tell you a little more about themselves.

Jack Nadol, is a retired DOJ Attorney, and Pauline Reeping, a retired Lobbyist for New York Shipping Assn. (management group for the Port of New York/New Jersey).

Jack and Pauline purchased their home in 1982 — they noted the Bannockburn community was a desirable location just inside the D.C./Maryland border.

After retiring from DOJ Jack was asked to head up the Juvenile Justice Dept. for the State of Maryland which was headquartered in Baltimore. After battling the hectic commute for several months they decided to rent their home and purchased condos on the Baltimore's Inner Harbor. Upon their return to Bethesda in 2000, after exploring a desire to move closer to downtown Bethesda, they decided that the land they owned on Wilson Lane was truly an oasis and hard to match for its natural beauty in all of Bethesda!

Jack and Pauline used CASE Design to help them convert their ranch-style ugly duckling house into the swan colonial home it is today. The home's location inside the beltway and its proximity to both D.C. and downtown Bethesda convinced Jack and Pauline that the ranch-style home they purchased back in 1982 was truly a diamond in the rough and, with the

help of Case remodeling and Hughes Landscape, their jewel took on quite a sheen!

Hughes Landscaping, founded by a local Walt Whitman young man, has maintained the beautifully landscaped 1/2 acre lot for the past 25 years. Keeping the footprint of the original house was a challenge they met which has allowed them to enjoy the park like setting without destroying the character of the neighborhood.

Bannockburn has rewarded Jack and Pauline with other treasures, as well – a host of neighbors and friends!

And back to me – charming, playful yet definitely Wilson Lane's alpha dog they like to call me Bernie — I just like to get out to welcome the other dogs to the neighborhood (if I am not searching to find a “greenie” jazz has hidden from me)! Nevertheless me and my people – we intend to spend our remaining years fostering relationships in this pleasant environment – our Bannockburn home!



If you know a family or individual we should feature in the Banner, please nominate them and have them contact me at [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com).

where  
DOES THIS  
PUBLICATION  
come from?

If you're enjoying this publication,  
please support and thank our advertisers!

It is their investment in The *Bannockburn Banner* that makes your neighborhood newsletter possible. We are able to offer your magazine completely FREE to your home because of the businesses who pay to support this publication. Check out the partner guide on pages 5-6 for our complete list of sponsors.

All of these businesses have undergone an extensive selection process, and many are locally owned and operated. It means a lot to our partners to be involved in the publication, so please let them know you saw their ad in The *Bannockburn Banner* and how much you enjoy reading it each month!

Email [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com) to share your positive experience with our publication partners and to recommend your favorite businesses.



### GLEN ECHO PHARMACY

Your Neighborhood Pharmacy  
Family-Owned since 1968

7311 MacArthur Boulevard  
Bethesda, MD 20816  
[www.glenechocare.com](http://www.glenechocare.com)

Phone (301) 229-5656  
Fax (301) 229-3036  
[glenecho1@earthlink.net](mailto:glenecho1@earthlink.net)

The Mid-Atlantic's Largest Professional Estate Sales,  
Auctions and Appraisals Company since 1972



- On Premise Estate and Moving Sales
- Live Auctions
- Personal Property Inventory Services
- Consignment Sales
- Downsizing/Transition Specialists
- Certified Appraisals

Visit [www.foursales.com](http://www.foursales.com)  
for photos and descriptions of weekly sales

For a FREE Consultation  
301.580.9542 | 703.256.8300



precious  
pets

Meet: Gypsy (& Mike)

Bethesda Resident Mike with “Gypsy” (Standard Poodle) taking in the sights (and smells) at the Pike and Rose Slider Smackdown.



Now that's what I call a tall stack o' flapjacks.

Art In Your  
Community

Pike & Rose Slider Smackdown Sidewalk Art

custom homes | architecture | construction | interior design | landscaping



**anthony wilder design/build, inc.**  
7913 MacArthur Blvd | Cabin John, MD 20818  
301.907.0100 | [anthonywilder.com](http://anthonywilder.com)  
**architecture with whimsy**





Photos by: Judy Davis/ HD Photo

Send in your stories of your pets/companions!

We love pets and know you do too, so if you would like your companion featured in the *Bannockburn Banner*.

Dogs, cats, birds or bunnies — we don't care! We love ALL animals and want to feature your family pet! Contact Tim Beam at [timothy.beam@n2publishing.com](mailto:timothy.beam@n2publishing.com).





Face painting and balloon Butterfly Wings were a big hit!

Do you know of an artist that should have their works featured in the *Bannockburn Banner*? Please contact Timothy Beam at [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com) or call Tim: 301.222.7361.



Hopscotch, anyone?



Urban [ur buh n] adjective - living in a city  
Nest [nest] noun - resting place; home  
**Urban Nest - the perfect city home**  
Priced perfectly, perfectly sized for city living



**Our Nest, Your Home**  
Furnishings ♦ Fine Arts ♦ Accessories

11416 Rockville Pike  
North Bethesda, MD 20852  
Across from White Flint

**301.231.5600**  
**[www.Nest301.com](http://www.Nest301.com)**



Hye Land House.

NEST AT HOME!



Live Your Best Life, At Home

Home support services provided by  
Certified Nursing Assistants  
Nurse owned boutique agency  
Local and independently owned  
Free in-home assessment

301-873-1103  
www.4SHomeCare.com

making a  
DIFFERENCE

59th Annual Potomac Country House Tour  
Fundraiser – October 3 & 4

All home photos by John Troha

Four exceptional homes in the Potomac, Maryland-area are featured on the House Tour, which runs from 1-4 p.m. on October 3 and 4. Among the homes is the Hye Land House, which includes a soaring staircase and two-story family room, beautiful artwork, ethnic items including a Lebanese living room, and a lower level with perfume bar and mannequins showcasing ball gowns worn for formal Washington, DC affairs.

The second home, Villa dei Leoni, is set on a 10-acre property where the home underwent renovations spanning two and a half years, creating a dream home for the owners. It features a gorgeous backyard and pool house, pet room with dog shower, beautiful kitchen, Russian glass, one-of-a-kind furniture by Francesca Molon, and items from Regis Gallery in Vegas.



Villa dei Leoni.



English Country  
Manor House.



Holiday Carriage House.

The third and fourth homes are the English Country Manor House, which presents a breathtaking exterior landscape, while the Holiday Carriage House is used as a guesthouse for children and grandchildren as well as a workshop for the owner's Custom Wreaths of Potomac boutique. Custom Wreaths is also the only offsite boutique, selling elegant arrangements of silk and dried flowers, wreaths, wall hangings, and table and mantel pieces.

Boutiques located at St. Francis offer the latest in gifts, accessories, home décor, jewelry and art, while a silent auction features gift certificates, local adventures, entertainment tickets, professional services, and more. The boutiques and silent auction are open to the public on October 3 and 4 from 11 a.m.-5 p.m., where a midday luncheon is offered from 11:30 a.m.-2 p.m.

Tickets to the House Tour are \$30 in advance and sold online at [www.potomaccountryhousetour.org](http://www.potomaccountryhousetour.org) or \$40 the day of the House Tour, with tickets sold at St. Francis Episcopal Church, 10033 River Road, Potomac, Maryland, 20854 (and at each home). Admission to boutiques and silent auction is free. For more information, go to [www.potomaccountryhousetour.org](http://www.potomaccountryhousetour.org).



**Got a special feature article idea?** To share your favorite story, idea or intimate historical knowledge of the Estates (best gardens, trails, bird watching, or favorite historical anecdotes, etc.) reach out to Tim at [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com).

Slider2022

# around town

## SLIDER SMACKDOWN & BLOCK PARTY

Slider Smackdown and Block Party Grand Park Avenue at Pike and Rose drew a huge crowd from Bethesda, Chevy Chase, DC and Rockville to the new venue of choice in the area. This is the site of AMP by Strathmore concerts and this August 23 event featured Apple Core a very good Beatles Revival band, as well as a professional (and amateur) chalk art competition. School supply donations were taken in support of local schools (in exchange for free tastings).



## Marketing Your Home For All It's Worth

Do not hesitate to contact me when you are ready to engage the services of a real estate professional. I look forward to showing you how Berkshire Hathaway Home Services Pen Fed Realty and I could be your REALTOR for life!



### Patrick Mayo

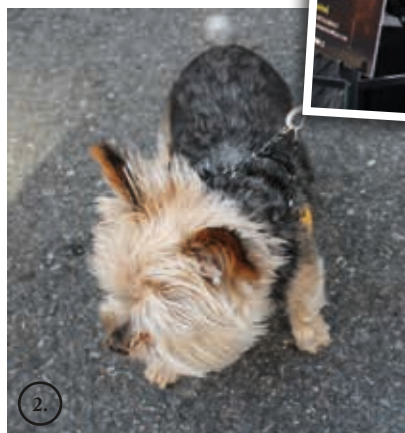
10400 Old Georgetown Rd,  
Suite 3C, Bethesda, MD 20817  
Mobile: 301-461-7045 Direct line: 301-961-6000  
Office: 301-961-6000



© Copyright 2014, BRER Affiliates Inc.



1.



2.



1. Maltese mix taking in Apple Core and party-goers. It's been a hard days night and I'll be sleepin' like a ...
2. Another cutie patootie.



Bethesda Twins Frances and Madison "adding their own flair" to the artwork.



Apple Core – awesome Beatles Revival Band.



My turn.



Superheroes hopscotch too!



Crew from & Pizza participating in Slider Smackdown.



Apple Core draws huge crowd.

BERRYLOC • CORK • BAMBOO

COCHRAN • REAL WOOD • SHAMROCK • STRAND WOVEN

**Highest Quality Hardwood Flooring  
At The Best Prices – Direct to You!**

Voted Best Flooring Company in Washingtonian Magazine (2011 & 2013)

Atlas floors can install, repair, sand and finish your new and existing floors at competitive prices.

We will offer a \$200.00 discount on all new orders (min order \$1000.00)

**ATLAS FLOORS, INC.**

7845 G Airpark Road Gaithersburg, MD 20879  
301-948-9144 • [atlastrs@aol.com](mailto:atlastrs@aol.com)  
[www.atlashardwoodfloorsinc.com](http://www.atlashardwoodfloorsinc.com)

Other Location

Custom Gallery / Design Center  
8000 Wisconsin Avenue  
Bethesda, MD  
The Gallery is By Appointment Only  
301-948-9144 • 301-865-1300

MAPLE • HICKORY • AMERICAN CHERRY

# it's time for PUMPKIN PICKING!

By N2 Staff Writer,  
Amy Lynne Howlett



Pumpkins come in a variety of shapes, sizes, textures and even colors, including white, green and blue. When selecting a pumpkin you need to keep its use in mind. Is the pumpkin for decoration? If so, are you planning to carve it? Or are you picking a pumpkin to eat?

## PUMPKIN VARIETY

Thanks to its ease of growing and current crossbreeding methods there are literally hundreds of types of pumpkins. "Autumn Gold" is one of the most popular varieties and is commonly used for carving Jack-o-lanterns. Those looking for miniature pumpkins for decoration might want to select the "Jack-be-Little" variety, which are small enough to fit in the palm of your

hand. If kept out of direct sunlight these little pumpkins can last several months. If you are selecting a pumpkin for cooking or baking, the "Sugar Pie" pumpkin is an excellent choice because of its thin skin and sweet, smooth flesh.

## PUMPKIN SELECTION

Fall farmers' markets are the perfect place to find pumpkins, but they are also easy to find at grocery and home improvement stores. Look for pumpkins without soft spots, mold, cuts or bruises. The flesh should be smooth and firm. If you plan on eating the pumpkin you'll want to make sure it's ripe. Ripe pumpkins are generally uniform in color and have a hard, brown stem and a dry vine. If a fingernail pressed into the skin makes a dent but does not puncture, the pumpkin is ripe. Another way to determine if a pumpkin is ripe is by knocking on the shell. If the pumpkin sounds hollow, it's usually ripe. If selecting a pumpkin for cooking purposes, a good rule of thumb is that one pound of raw, untrimmed pumpkin will generally produce one cup of cooked pumpkin puree.

## PUMPKIN PICKING

Most markets have a bountiful supply of pumpkins ready for purchase, but there are also some places where you can go pick out a fresh pumpkin in the patches. If cutting a pumpkin off of the vine, use a sharp knife or pruners and leave 3-6 inches of the stem attached to the pumpkin. Leaving a few inches of stem intact helps the pumpkin last longer by preventing fruit rot pathogens from entering the pumpkin where the stem meets the flesh. Do not carry pumpkins by the stem because it is usually not sturdy enough to support the pumpkin's weight. Also, only pick pumpkins that are already their desired color; the color will not continue to develop once picked.

## PUMPKIN STORAGE

Store harvested pumpkins in a cool spot out of direct sunlight. Wiping the pumpkin with a 10 percent bleach solution will kill organisms that could cause the pumpkin to rot prematurely. If you intend to eat the pumpkin wait several hours after wiping it to give the bleach solution time to evaporate. Once cut into, pumpkins immediately begin to rot, so carve your Jack-o-lantern right before displaying to enjoy your masterpiece for as long as possible!



Fine gardens  
inspired by art  
and nature

Landscape Design • Customized Maintenance Plans  
Stone Work • Drainage Systems • Edible and Native Landscaping  
Organic Landscape Practices • Snow and Ice Removal

Martins Landscaping Inc is an ecologically inspired landscape design, installation, and maintenance company for both residential and commercial projects. We integrate sustainable practices with artistry by blending a wealth of plant knowledge to thoughtfully design unforgettable outdoor spaces. We also provide a full spectrum of maintenance services, including lawn care, pruning, mulching and weed control using organic methods which are safe for children, pets and the environment.

• • • •

Give us a call or send an email to discover more about our landscaping options and how we can add natural beauty and value to your land.



301.565.0556  
www.martinlands.com  
martinsgarden@msn.com



## SATURDAY, OCTOBER 3

### Taste of Bethesda

**Where:** The event is held along Norfolk, St. Elmo, Cordell, Del Ray and Auburn Avenues in Bethesda's Woodmont Triangle

**When:** 11 a.m.

Bethesda's famous food and music festival brings 60 restaurants and five stages of entertainment to Bethesda's Woodmont Triangle. Each year, more than 40,000 attendees sample the delicious restaurants, enjoy the live entertainment and visit the kid's corner for face painting and arts & crafts.

**For more information:** [http://www.bethesda.org/sites/default/files/u14/volunteer\\_form.pdf](http://www.bethesda.org/sites/default/files/u14/volunteer_form.pdf)

## SATURDAY, OCTOBER 3

**Where:** 7725 Wisconsin Avenue, Bethesda, MD

**When:** See website for times

The annual Come Back to Bethesda event attracts over 40,000 people from the DC metro area—sponsors can take advantage of the additional visibility of booths, logo placement, signage, web and print ads and more.

**For more information:** <http://childrensinn.org/news-and-events/back-to-bethesda-car-truck-motorcycle-show-and-family-day/>

## SATURDAY, OCTOBER 10

### Glen Echo Park Aquarium

**Where:** Former Living Classrooms Children's Museum, Glen Echo, MD

**When:** 9 a.m. - 5 p.m.

The Glen Echo Park Aquarium is a Chesapeake Bay discovery center based in Glen Echo Park. It will open with limited exhibits in August 2015 and will be fully operational by September 2015.

**For more information:** <http://www.gepaquarium.org/>

## THURSDAY, OCTOBER 22 THROUGH FRIDAY, NOVEMBER 20

### Aladdin

**Where:** The Puppet Co. Playhouse, Glen Echo, MD

**When:** See website for times

Back by popular demand! After all sold out houses and too many snow days, we had to bring back this incredible production. From ancient Persia comes this lavish and entrancing tale, true to the original "one thousand and one Arabian nights."

**For more information:** <http://www.thepuppetco.org/>

## SATURDAY, OCTOBER 31

### Fall Frolic 2015

**Where:** Glen Echo Park, Glen Echo, MD

**When:** 1 - 4 p.m.

Join us for a day of fall fun! Daytime activities for families will include pumpkin decorating, trick-or-treating, and a costume parade around the Park.

**For more information:** 301-634-2222

## SATURDAY, OCTOBER 31

### Swing Dance

**Where:** Spanish Ballroom, Glen Echo Park, Glen Echo, MD

**When:** 8 p.m.- 12 a.m.

This is going to be CRAZY; it's our big Halloween bash at the Spanish Ballroom! Costumes, contests, decorations, and no end of Halloween fun. Costumes encouraged! From the Honky-Tonkin' songs of Hank Williams, Web Pierce and Carl Smith to the Rock and Rollin' hits of Jerry Lee Lewis, Elvis Presley and Carl Perkins.

**For more information:** <http://www.americanswing.org/>

# MAYHEM is EVERYWHERE



**FORTUNATELY,  
SO ARE Allstate AGENTS**  
*Your in Good Hands with your local  
FAIRWEATHER INSURANCE AGENCY*

**Ron Ziegel**

ronz@allstate.com  
3720 Farragut Avenue # 100  
Kensington, MD 20895-1220  
o) 301.232.0400 c) 561.350.8165

# KITCHEN RENOVATION *basics*

By N2 Staff Writer, **Megan Weatherly**

AS ONE OF THE MAIN SELLING FEATURES OF A HOME, AN UPDATED KITCHEN CAN ADD VALUE THAT SURPASSES THE COST OF RENOVATION. IF YOU ARE PLANNING A MAJOR OVERHAUL OF YOUR KITCHEN, THERE ARE SOME FEATURES YOU'LL WANT TO BE EDUCATED ON.

## FLOORING

Porcelain tile involves almost no maintenance, as it is a man-made, very dense material that is resistant to staining and cracking and it's available in a wide variety of sizes, styles and colors, with many options that mimic the appearance of natural stone and wood. Natural stone options such as marble, lime-stone, slate and travertine can provide a more traditional atmosphere, but require maintenance as they are porous and must be re-sealed every 3-5 years to prevent stains and mold. Hardwood flooring is a timeless, warm option and though there are



finishes available for them that make them more resistant to spills, it is certainly susceptible to water damage and scratching, requiring eventual refinishing.

## CABINETS

Kitchen cabinets are truly one of the most customizable features of your space. While stained wood and painted white cabinets remain the most traditional options, these days, anything goes. Open shelving and glass panes offer a unique way to display items, and soft close hinges contribute to a quieter and more efficient system.

## COUNTERTOPS

Many man-made solid surface products stand up to stains, but are not resistant to heat or scratches. Stone countertops are generally viewed as more desirable. Marble can be used, but is soft and tends to stain, scratch and crack easily. Granite, a much more common choice, is resistant to heat and cracking, though it does need to be sealed every few years. Quartz, an engineered stone, is perhaps the most efficient option as it is non-porous, therefore resistant to heat, staining and cracking, and the variety of colors available can mimic the appearance of marble or granite. Wood, recycled glass and concrete can all be used as countertops, though they may require additional care and maintenance.

## BACKSPLASH

Installing a kitchen backsplash can instantly increase the value of your space, adding aesthetic appeal, as well as a functional barrier to splashes and stains. This is typically one of the last design elements you'll need to consider, as the backsplash should serve as a means to unify all the other parts and pieces of your kitchen. Some of the more current and available options include glass and blends of glass and natural stone, though generally any type of tile or sealed stone is acceptable for wall use.

## LIGHTING, FIXTURES AND APPLIANCES

Decorative lighting features over bars and dining areas are a great way to show off personal style, while remaining an easy swap for future buyers. Chrome and stainless steel are the most consistently in-style choices for your fixtures and faucets as they pair well with most design aesthetics. For the same reason, stainless steel appliances are still the way to go, as they coordinate with all types of cabinets, flooring and countertops. Stainless is also generally viewed by homebuyers as the most desirable choice, which will add to the resale value of your home.

# Bannockburn Banner

## RESIDENT BUSINESS GUIDE

### ARTIST

#### Rima Schulkind Art

Rima Schulkind  
(301) 222-0279  
rima@schulkind.com  
www.schulkind.com

### ORTHODONTICS

#### Orthodontics for Children and Adults

Donald V. Liang, D.D.S., P.A.  
(202) 966-7711  
donliang@str8smile.com

### REMODELING

#### Vision Design Build

Jacqueline Barlow  
(301) 263-0220  
jacque.barlow@vdbllc.com  
www.vdbllc.com

### Attention Bannockburn Estates

**Residents:** Do you own or run a business? To have your business featured FREE in the Resident Business Guide in an upcoming issue of the *Bannockburn Banner* please contact Timothy Beam @ 301.222.7361 or e-mail [timothy.beam@n2pub.com](mailto:timothy.beam@n2pub.com).

### ATHLETIC CLUB

#### Chevy Chase Athletic Club

Connie Barnes, Director of Squash  
(301) 656-8834  
conniesquash@gmail.com  
www.chevychaseathleticclub.com

### REALTOR

#### WC & AN Miller Realtors, a Long and Foster Company

Rita Liptz, Residential Realtor  
(240) 305-6496  
rita.liptz@LNF.com



Let Us  
Provide the  
Peace of Mind  
You Deserve

## Brotman Insurance Agency

Serving the community for over 40 years.

Call Today for a  
No Obligation Insurance Review.

You'll Be Surprised  
By What You Don't Know!

Elizabeth Carroll, Agent  
Theresa Berg, LSP

Bethesda Medical Building  
8218 Wisconsin Avenue, Suite P-16, Bethesda, MD 20814

**(301) 424-6900**

[ecarroll@allstate.com](mailto:ecarroll@allstate.com)

<http://agents.allstate.com/elizabeth-carroll-bethesda-md.html>



7004 Orkney Parkway, Bethesda, MD 20817

Phone: (301) 263-0220

[www.vdbllc.com](http://www.vdbllc.com)

SEE THE DIFFERENCE

**VISION** DESIGN  
BUILD LLC

# CELEBRATE FALL for all it is worth BY ADDING FITNESS TO YOUR SCHEDULE

Written by N2 Staff Writer Elizabeth McCabe

Fall foliage in brilliant hues of crimson, orange and red. Fresh apples from the orchard. Pumpkins growing plump on the vine. Perhaps fitness is the last thing on your mind with the change in the seasons. But think again! The arrival of fall is the perfect time of year to add fitness to your schedule. By doing so, you will be able to survive the holiday season without the battle of the bulge. Get a jump start on your New Year's resolutions *before* the first of January.

## EMBRACE FALL FUN

Make the most of the season with fall activities. Consider going on a bike ride through a park, taking in the crisp air and nature's surroundings – all without leaving your seat. Tone your quads and calves while boosting your energy level. According to one study, bike riding decreased fatigue by a whopping 65 percent due to the release of dopamine. If bike riding isn't your thing, perhaps walking is. Meander through a corn maze with your family or four-legged friend. Pick apples straight from the orchard or grab your own pumpkin from the field this year. Or take a stroll down a nature trail. With every step you take, you will impact your health. Think reducing your risk of developing Type 2 diabetes, as well as heart disease. Not to mention lowering your blood pressure. No wonder the American Heart Association considers walking the "simplest positive change you can make to effectively improve your heart health."

## TRY SOMETHING NEW

Fall is a season of change. Darker days and cooler temperatures can encourage all of us to change our fitness regime. Change can even come in small increments, which works best for long-lasting results. Lift weights to build your lean muscle mass, burning more calories at rest. Start small and increase your weight and reps to achieve the results you want. Or sign up for a group class. Challenge yourself by building your core strength in Pilates. Or take a Zumba class and improve your coordination and balance. Or attempt an indoor cycling class – you can always go at your own pace. You could even sign up for a running club. With the cooler weather, running will be easier than in the summer heat. Keep your motivation strong by registering for a fall race. Running will improve your mental health, as well as your lung capacity. Of course, expect to torch calories and increase the strength of your ligaments and tendons.

## MAKE A CHANGE WITH THE SEASONS

If you make a change this fall, you will be ahead of the game. According to one study by Philippa Lally, a health psychology researcher, on average it takes 66 days before a new behavior becomes automatic. This is excellent news for those wanting to start January on the right foot. By incorporating fitness into your schedule now, you will be thanking yourself when the holidays roll around. Start today. You'll be glad that you did.

# COOL BREEZE

## PLUMBING, HEATING & A/C



Whatever it takes.  
**bryant**  
Heating & Cooling Systems



Located minutes from your front door in Bannockburn  
**Plumbing, Heating & AC Sales Service Installation**

Factory authorized Carrier, Bryant, Mitsubishi dealer

7 day emergency service • FREE Estimates • Maintenance agreements

**301-879-3400 • www.coolbreezeplumbingheatingandac.com**

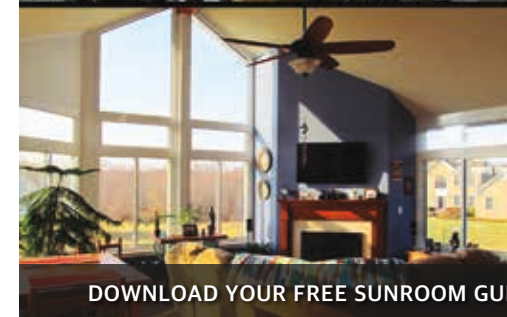
# MARYLAND SUNROOMS

A PROUD  
FRANCHISE



FOUR SEASONS  
SUNROOMS

# Just Imagine



- A+ RATINGS w/ BBB, ANGIES LIST & HOME ADVISOR
- BEST GLASS & WARRANTIES IN THE SUNROOM INDUSTRY
- MULTIPLE NATIONAL SUNROOM ASSOCIATION AWARDS

**301.829.1313**

**WWW.MARYLAND  
SUNROOMS.COM**



DOWNLOAD YOUR FREE SUNROOM GUIDE AT [GUIDE.MARYLANDSUNROOMS.COM](http://GUIDE.MARYLANDSUNROOMS.COM)

# Cosmetic Surgery? Confidence Starts Here!

We also offer many non-surgical alternatives including BOTOX® and facial fillers as well as permanent make-up.

*Cosmetic surgery can make you look and feel years younger and bring added confidence into your life.*

*Dr. Diane Colgan has practiced plastic surgery for more than 25 years. Her care and attention and expertise are second to none.*

*Call today for your free initial consultation and take a step forward in turning back the clock.*



**Diane L. Colgan, M.D., F.A.C.S.**

Board Certified Plastic Surgeon

10411 Motor City Drive, Suite 615

Bethesda, MD 20817

301.299.6644

[www.dianecolganmd.com](http://www.dianecolganmd.com)



# Bannockburn Banner

PRSRT STD  
US POSTAGE PAID  
WILMINGTON NC  
PERMIT NO. 40

MD\_Silver Spring

Family Owned  
and Operated  
Since 1945



Residential & Commercial  
Heating • Air Conditioning •  
Plumbing • Geothermal  
Spray Foam Insulation • Boilers



## Harvey W. Hottel, Inc.

18900 Woodfield Rd., Gaithersburg, MD 20879,  
Phone: (301) 921-9599  
[www.harveyhottel.com](http://www.harveyhottel.com)