



Bannockburn Banner

AN EXCLUSIVE BCA APPROVED
PUBLICATION FOR THE RESIDENTS
OF THE BANNOCKBURN ESTATES

NOVEMBER 2014



MEET YOUR NEIGHBOR
ARTIST PROFILE: JANE PETTIT

Cover Photo by: Timothy Beam

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continued...

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publishing™

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John Noble & Tim Beam "Tag You're It!"

Publisher's Note

advertising partners that you see in each issue. We try our best to screen our advertisers to ensure that they can provide the types of services that you may need or want as a homeowner. If you currently utilize a business that does excellent work, please let us know as they may want to reach out to your neighbors as well. Also, if you own or run a business and would like information on reaching your neighbors each month, contact me for advertising information or to simply list your business for free in the Resident Business Guide.

Each publication you will see is unique to your neighborhood, and the publication will reflect who you are as a community. A typical publication will include: social event information specific to the residents of the Bannockburn Estates, upcoming meeting information, fun and FREE social events put on by N2, city issues and ideas, activities and club information, business information, pictures, personal stories, and articles (mostly written and photographed by your neighbors), along with other information specifically tailored to your neighborhood.

Along with the magazine, we will host various free events to bring the community together for social events - free dinners out at top restaurants, salon reviews, golf tournaments, and more. We will communicate to you the various events we are hosting through the newsletter and emails. If you wish to be included please email me at timothy.beam@n2pub.com.

The events and publication is / are designed to increase social connections between residents and to develop a true sense of community. By providing a well-designed publication full of stories and photos, we have seen N2 neighborhoods increase attendance at social events, create members that are better informed of rules and regulations, and allow residents to widen their circle of friends.

I'd like to personally thank all of our business sponsors who partnered with us making the magazine free to all residents, as well as the many residents who contributed to the first issue. Just know this *Bannockburn Banner* magazine would not exist without the both of you!

I look forward to meeting each of you at our upcoming neighborhood events!

Timothy Beam

Area Director
Bannockburn Banner
301.222.7361
timothy.beam@n2pub.com

HELLO RESIDENTS OF THE BANNOCKBURN ESTATES,

We are pleased to bring you your second *Bannockburn Banner* magazine and hope you will enjoy the monthly publications of the *Banner*.

N2 Publishing is the leading provider of specialty publications for residents of exclusive communities across the nation. Our objective is to turn neighborhoods into communities with our monthly neighborhood magazines. Locally, we produce magazines for the Bannockburn Estates, Chevy Chase Village, DC, VA, Frederick, Columbia, and Baltimore areas.

N2 Publishing will be responsible for the layout of the magazine, as well as selling ad space to local businesses to cover the costs of printing and mailing.

This publication is being provided FREE OF CHARGE to you as a homeowner as the cost of producing, printing, and mailing each newsletter is covered by the

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SAVE *the* Date

The Next *Bannockburn Banner* Social Mixer is Coming!

If you'd like to join Bannockburn Estates locals for Happy Hour this winter, e-mail Tim at timothy.beam@n2pub.com or call at 301.222.7361.

Eat*Drink*Mingle with friends at Neighbors' Night Out TBD



Want to Write for the Bannockburn Banner?

We are currently looking for community members who would like to take an active role in writing stories for the *Bannockburn Banner*. We are looking for junior writers interested in writing a column for kids or their own peers and potentially getting a publishing credit for their college resumes! If someone you know might be interested, please call Timothy Beam @ 301.222.7361 or reach out at timothy.beam@n2pub.com.

Types of Articles *You Will See* IN THE PUBLICATION

Since this magazine is about you and your neighbors, we want and need your involvement. We are looking for several types of articles to be submitted each month. Please take a few minutes to acquaint yourself with the types of articles we normally include in the publication. If you have any other article or story suggestions, please email me.

If you or a family member would like to be featured for any of the stories, just email me at timothy.beam@n2pub.com, and I will send you the simple details of submitting the information.

Pictures – WE LOVE PICTURES!!!

This includes pictures of parties, graduations, family events, kids playing, holiday gatherings, etc. One of the best parts of your new newsletter is the involvement from residents. Pictures are an easy way to help support the look of the newsletter as well as bring smiles to your fellow residents. Digital photographs with high-quality capability are the way to go here – the more pixels the better! Simply send an attachment of the pictures in an email to timothy.beam@n2pub.com.

Neighborhood News – This section features any activity going on in the neighborhood or surrounding area such as parades, block parties, barbecues, neighborhood clean-ups, school picnics, fundraisers, pool parties, or golf events. We want to let you know what is going on and what has happened with these social events!

Business Beat – This is a popular section where we highlight you as a business owner. Yes, you must be a resident of the neighborhood. It is an opportunity to let your neighborhood know the specifics of what you do, and services you can offer, as well as a background of who you are and where you are from.

Classifieds – Do you have something that is for sale and would like to get rid of it?? Just send an email to timothy.beam@n2pub.com with your contact info and description of the item.



Kids to Kids – Make your kid the rock star of the neighborhood as we profile a junior member of the community each month.

Family Spotlight – This is where we get to spotlight one of the neighborhood families each month. Have you always wished you knew your neighbors better? Well, here is a great way to get to know them. Each family is able to tell us whatever they would like, but some popular questions to answer include: How long have you lived in the neighborhood? Where is your hometown? What’s your education? What are your hobbies and interests? What is your career?

Precious Pets – Here is an award winner! If you have a pet and want them to be famous, just get them in the Precious Pets section. Pets are our pride and joy so let us know who they, and you, are! Past famous animals have been turtles, rabbits, birds, horses, dogs, cats, a pig, and much more, so have fun with this one.

Resident Recipe – This is where you can let some of your cooking secrets out to the public! All that is required are the ingredients and preparation advice, but a photo is always nice too! This really spices up things a bit from the ordinary mac ‘n cheese.

Yard of the Month – If you have an outstanding yard or garden or know a neighbor who does, we want to know about it. All you have to do is snap a picture and email it to us. Please include names and the address so we can give you the proper credit for all your hard work.

Athlete Spotlight – Whether you are 4 or 40, a ballerina or a football player, this section is for you! Sports are a big part of most people’s lives and we would like to highlight some great athletes from the neighborhood.

New Arrivals – This is a new section designed to welcome new babies into the neighborhood as well as congratulate those proud parents. Please include basic birth information as well as those baby photos!!

Kids’ Corner – Send in your child’s poem or artwork! Our goal is to help your neighborhood have the best newsletter possible. We always keep your needs in mind, so if you know of anyone, or if you want to fill one of these articles yourself just make sure you let us know.

Living Spaces – If you have decorated a room in your house and would like to showcase it with the neighbors, please let us know!

Recognize Your Kids – Parents, do you want another way to recognize or congratulate your kids about any sport, academic, or other activity achievement? Use your newsletter. This should include pictures along with what they achieved. Examples include: Black Belt, honor roll, straight A’s, scholarships, state champs, volunteer work, graduation, music, theatre, or just wish them Happy Birthday.

Travel Tales – If you or anyone you know has gone on a vacation and would like to share their experience, then this is the place to be. This gives your friends and neighbors the chance to feel your experience and see if it would be a good fit for their own vacation! Pictures can be included as well.

Volunteer Spotlight – We want to recognize the hardworking volunteers of the neighborhood. This is a chance to let others know about your passion for an organization. Giving back to the community is a big deal and we want to recognize you for it!

send in
---YOUR---
FAVORITE
PICTURES



Email timothy.beam@n2pub.com with your pictures, stories, news, and events!

We want pictures of your little all-star! It does not matter if your child is a champion; make him/her feel like one by submitting pictures of the proud moments on the playing field. All sports pictures are welcome for submission to the newsletter.

Are you in a book club, a Bible study group, or a Bridge group; and if not, would you like to join one? Let us know about it!

We want your announcements! Whether you just celebrated a birthday or anniversary, welcomed a new baby in the house, or had any other special occasion, let us know and we will include it in the next issue.

LETTER FROM THE PRESIDENT

TED GARRETT



It has been a great summer. I hope this finds you well as we look forward to the fall season.

New Magazine Venture.

This is the second issue of the new *Bannockburn Banner* magazine. BCA has teamed up with N2 Publications to form a new relationship that will include a monthly magazine and various community events. The goal of this venture is to improve our communications and opportunities for neighbors to meet and interact. The new monthly magazine will replace our bi-annual newsletter, and will have numerous features about our neighbors and community so we can be better informed of events and news. These more frequent community events, as discussed below, will take place in between our quarterly general meetings and spring and fall festivals. John Noble and I, with involvement of the rest of the BCA Board, will be working with Timothy Beam at N2. Needless to say, we are enthusiastic about this new relationship.

Events. As part of this new community outreach in conjunction with N2, we had the following events: August 20 at the Irish Inn, September 18th at Maggiano's, and October 2nd at Markhams. These events were warm and convivial welcomed by all who were able to attend. Additional events will be announced in the magazine and e-mail notices to

neighbors who register on the BCA website (see below) and will provide additional opportunities for neighbors to meet and visit with one another.

Spring Festival. Our Spring Festival at Concord Park on May 18, 2014 was another terrific event, as you will see from the photos in the last newsletter. Our Fall Festival was held on October 12. The next issue of the magazine will feature photos and credits for our Fall Festival.

Meetings. Our BCA quarterly meeting on June 26, 2014 featured remarks by our neighbor Ronald Nessen, who discussed various national and world events. Ron Nessen served as White House Press Secretary for President Gerald Ford. Prior to joining the Ford administration, Ron completed five tours as an NBC war correspondent in Vietnam and later served as NBC News White House correspondent during the Johnson administration. He was corporate vice president for news at Westwood One, Inc., and executive vice president and managing director of the Washington Office for Marston and Rothenberg Public Affairs. Ron is the author of several books, including *It Sure Looks Different From the Inside* (1978); *The First Lady* (1979); and *The Hour* (1984). He is a frequent commentator for MarketPlace, CNBC, CNN, MSNBC, and Fox News Channel and his articles, reviews, and opinion pieces have appeared in *Newsweek*, *the Washington Post*, *Newsday*, *Broadcasting*, *Media People*, *TV Guide*, and other publications. Ron's remarks were terrific and well received. As usual, thanks to

Jo Roberts and Movita Hercules for their help in providing refreshments for these meetings, and to St. Mark for its hospitality.

Environment Committee. As you know, our BCA environment committee spearheaded a BCA resolution on best practices for tree preservation and removal. The committee worked on removing English ivy from our trees, and is also a resource to our covenants committee. Contact committee Chair Seth Goldstein, sethrgoldstein@verizon.net if you have suggestions or wish to volunteer.

Construction. Our covenants committee, headed by Ben Schlesinger, continues to monitor construction and permit applications in the neighborhood. If you have questions about a new construction, renovation or sale, contact Ben at bschles@bsaenergy.com.

Neighborhood Security. The committee acts works with the block captains and is considering other ways to improve neighborhood security. There is a new webpage with security information. We ask our block captains to get to know the neighbors on their block, to ask neighbors to keep an eye on each other's homes, and to register on the website. If you have suggestions or wish to volunteer to be a block captain, contact committee Chair John Hannula at john_hannula@yahoo.com.

Seniors. Edith Miles is Chair of our very active Good Neighbors committee. The

committee organizes various activities and works to help BCA seniors who want to continue to live in their homes in their senior years. You can contact Edith for information or suggestions at ewmiles@comcast.net.

New Neighbors. Jane Pettit and Cecily Abrams welcome new BCA neighbors. If you would like to help on this committee or know of new arrivals to the neighborhood, please email janepettit1@verizon.net or call: 301-229-5932.

Dues. BCA dues for 2013 were due on January 1. If you have not paid, you can mail a check to Bonnie Garrett, BCA Treas-

urer, 6604 Broxburn Drive, Bethesda, MD 20817 or pay your dues online via our website: <http://bannockburncitizens.org/dues/index.php>

Website. You can find our website at: <http://bannockburncitizens.org/> Please register on the BCA website by clicking on the "register" tab, and/or update any change in e-mail address so that you will receive periodic e-mails concerning BCA activities, incidents, and other significant news. Your e-mail address is confidential and cannot be accessed by others.

Year-end meeting. Our year-end general meeting is scheduled for Thursday, December 4, at 7:30 pm. I hope to see you then.

Best wishes,

Ted Garrett
BCA President

Bannockburn Citizens Association

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MEET YOUR NEIGHBOR

Artist Profile: Jane Pettit By: Timothy Beam

LET ME START OFF BY SAYING

Jane Pettit is a fascinating subject and multiple features on the various facets of her life (and husband Robert Henkin's) may be covered in subsequent issues. This feature attempts to scratch the surface of Jane's artistic background, influences and artistic creations—by including some of her images and artworks within—(although I get the sense there is a vast treasure trove of other pieces at her Gallery in the Frederick area in an old 1825 German Bank Barn).

Jane's art is as impressive as her schedule: Jane chairs the Bannockburn Citizens Association welcome committee (in partnership with Cecily Abram), is on the Board of the Glen Echo Park Partnership for Arts and Culture, the non-profit which runs the arts programs in the park, maintains the buildings and plans for the future.

Jane describes her initial foray into art as being a self-trained folk artist but her many endeavors and experiences have exposed her to many teachers and artistic styles—having attended classes in

Oakland, California, Tennessee and Ravenna, Italy to name a few. Jane's art has changed over the years and she now self-describes, "I make bold wall art and sculpture using 3-dimensional objects, glass mosaic and recycled materials. My current passions are making portraits come alive and making sculpture for the garden."

Jane's portraits are notable for their three-dimensional elements—seemingly injecting movement and expression into the pieces—she loves to showcase expression and humanity in an inert object. One of Jane's friends noted this artistic style/quality as being very reflective of Jane's personality—effectively "reaching out" through her art and making an impact on people's lives!

Jane incorporates a Pique Assiette art form to create the 3-dimensional aspect to some of her pieces. (Pique Assiette is a form of mosaic art that uses broken plates and the like arranged in patterns or designs. The name comes from the French pique-assiette, meaning "one who eats from others' plates.")

Jane's artistic influences are seen in her many works – she cites:

1) Kandinsky: an influential Russian painter and art theorist credited with painting the first purely abstract works.

2) deKooning: a Dutch-American whose radically abstract style of painting fused Cubism, Surrealism and Expressionism

3) Modigliani: an Italian painter and sculptor whose portraits and nudes are characterized by asymmetrical compositions and elongated figures. He was a rival of Pablo Picasso.

Jane's Garden sculpture is phenomenal (and durable) —you'll note some of the pieces in this profile. "The Rose" standing guard at Jane's front door is all about attitude!

As the rose was being constructed Jane needed to counterbalance the weight of the piece—the vision of the lady bug came to Jane as an appropriate balancing act for the piece! Jane describes the construction of the Flower—it is carved out of Styrofoam, then wrapped in fiberglass

continued...



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mesh, coated in concrete and slathered in thin-set to apply her pique assiette before the final step—grouting—quite a project—and quite a result!

Jane’s art has transformed and re-invented itself in new incarnations many times—Jane notes her pieces tend to be reflective of the different periods in her life.

Today most of her pieces are collage-based and tend to be thematic --diversity is a major theme—she combines divergent or repurposed items together—creating art out of chaos. She loves

incorporating “found items” and loves the challenge of repurposing objects into her art—she has converted old stair steps into a table and has reimagined a tangle of conduit into a Medusa masterpiece!

Jane would like to invite everyone out to see the Glen Echo Park Art Show in The Stone Tower. It runs from October 25 through November 23 with a meet-the-artists reception in early November. The show includes artistic interpretations by 10 participants from her Italian artist in residence program. Ten artists will be featured—they all used the same ancient lime

and marble materials to produce modern aesthetic and dramatic results!

Jane is a Board member for the Glen Echo Park Partnership for Arts and Culture—following is the Partnership’s Mission Statement:

“THE PARTNERSHIP PRESENTS VIBRANT ARTISTIC, CULTURAL AND EDUCATIONAL OFFERINGS AT GLEN ECHO PARK AND PROMOTES THE PARK AS A UNIQUE DESTINATION FOR OUR REGION’S DIVERSE POPULATION IT NURTURES A DYNAMIC COMMUNITY OF ARTISTS AND PERFORMERS WHILE PRESERVING AND MANAGING HISTORIC FACILITIES WITHIN A NATIONAL PARK” Impressive!

Jane’s art has won numerous awards and accolades in juried shows and exhibitions! If you want to see more of Jane’s art please visit JanePettit.com or Jane’s Facebook page @ [JanePettitArt](https://www.facebook.com/JanePettitArt) to stay up to date on her projects, creations and upcoming shows!

Get to know your neighbors better by having your family or artist featured in the next available issue! Email us at timothy.beam@n2pub.com.



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Kids to Kids

Cade Afas & Faris Afas



Faris and Cade

NAME: CADE AFAS

Age: 7

Grade: 2nd

Favorite Movies: *The Guardians* and *Spy Kids*

Favorite Music: Imagine Dragons

Sports I Play: swimming, soccer, basketball, baseball and Tae Kwon Do

Musical Instrument I Play/Want to Learn: Guitar

Special Interests/Hobbies: dancing, cooking, biking, Cub Scouts, playing games on my Kindle and building with Legos

Your Favorite Vacation: Walt Disney World and the Disney Cruise

Upcoming Challenge(s): Learning Spanish

Something Unique About Me: I visited four different countries by the time I was two years old.

When I Grow Up I'm Going to Be: Videogame Designer

NAME: FARIS AFAS

Age: 4

Grade: Pre-school

Favorite Movies: *Mary Poppins*

Favorite Music: Superman theme song

Sports I Play: Soccer, archery, basketball and swimming

Musical Instrument I Play/Want to Learn: Guitar

Special Interests/Hobbies: hiking, biking, dancing, drawing, playing games on my Kindle

Your Favorite Vacation: the beach

Upcoming Challenge(s): Wrestling my big brother

Something Unique About Me: I swam with sharks and stingrays

When I Grow Up I'm Going to Be: a Garbage Collector



Faris and Cade

Hey kids – do you want to be the superstar of the neighborhood? All you have to do is ask your parents to email timothy.beam@n2pub.com and answer some questions in order to be featured in the next available issue!



Bernie and Jazz Splendor in the Grass

Precious Pets

MEET BERNIE

Submitted by: Pauline Reeping • Photos: Tim Beam and Pauline Reeping



Bernie is a true family member with his own bedroom and a four-poster bed (and a “girlfriend,” Jazz the Goldendoodle that lives down the block). Bernie is quite a star in the neighborhood—just ask Tony, the young gentleman who gladly gets to walk Bernie daily among his many admirers in the Estates! Bernie is recognized as the Alpha Dog in the neighborhood—he gained this status through being the most laid-back, huggable, even-tempered dog around!

Pauline and Jack found Bernie after losing their American Eskimo puppy to a bad reaction to anesthesia during eye-surgery. Bernie is the 5th dog in Pauline and Jack’s lives, and I can tell Pauline has a very special place in her heart for Bernie!

Jack and Pauline hunted through all of the shelters before Bernie “found” them. Funny story, Jack did not have his glasses when this cute little black (possible poodle, terrier, schnauzer mix) began jumping up to greet them as if to say “Take Me Home!” Jack was misreading the sign on “Beanie’s” door as “Bernie” and when Jack and Pauline went up front to inquire about adopting Bernie—they were advised there was no “Bernie” up for adoption. Anyhow, the name Bernie stuck and when the two went to visit Bernie the next day, while awaiting adoption, 5 other families had put their “names in the hat” to adopt him! Good thing Bernie pleaded as strongly as he did the day before and has now got it made in the shade—literally! Jack and Pauline’s park-like setting on their beautiful grounds was the backdrop for afternoons Pauline fondly recalls as “Splendor in the Grass” watching Bernie and Jazz playing to their heart’s content as they grew up together in the Bannockburn Estates!

Jazz has promised she will “check her schedule” to find time for a future feature where we can take a peek into her life as well!

Do you have a pet and would like to share his/her story? Then email timothy.beam@n2pub.com to have them featured in the next available issue! Dogs, cats, horses, fish, and any other type of animals are welcome!

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Best of houzz 2014
SATISFACTION

Photos by Judy Davis/ HD Photo

A photograph of a house at night, illuminated by warm lights. The house has a white exterior and a dark roof. In the foreground, there is an outdoor seating area with white furniture and a fireplace.

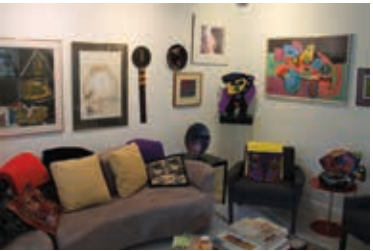
Featured Home/Garden

Congrats

TO THE KEEFERS!

And the winner is ... *The Keefers' beautiful rambler transformed!*

Julie Keefer and her husband had a “sinking feeling” about 20 years ago! That is, they were looking into remodeling their home at that time when they discovered it was sinking! Their contractor took notice of separating walls and floors and suspected an underground stream or water pipe damage as the logical suspect.



“Do you feel like you’re at the ship’s helm? Notice the repeating design element of the protruding loft and the deck below!”



The contractor, Bruce Preston, immediately undertook a two-stage renovation of the Keefers’ home. The first stage involved “jacking the home up” to stabilize it and during this renovation phase it was discovered that the shower installation conducted in the 1950s neglected to use a drain pan during initial construction.

This is an interesting discovery since, obviously, someone had discovered this before and instead of installing the drain pan, as indicated, they packed the “void” with various materials; boards, bricks, concrete pieces and the most interesting “fill” material—newspapers—interesting because of the archaeological evidence the old papers left behind.

The Keefers were able to “catch up on the news” from the 1950s and actually “dated” their house back to 1953 based upon the still legible newspapers used to prop up their home!

The renovation went beautifully once the correct repair procedures were implemented and the result remarkable!

Julie and husband took a modest 1950’s rambler-style home and “opened it up” using every square inch of space to its maximum potential while “adding on” here and there. The most interesting design choice is the matching shape of the second story loft and the deck below—a very interesting choice opening up the modest rambler into an artistic backdrop for their extensive personal art collection and an inviting swimming pool down below! We have tried to capture the interesting loft and

If you have an outstanding yard or garden or know a neighbor who does, we want to know about it! All you have to do is snap a picture and email it to us at timothy.beam@n2pub.com. Please include names and the address so we can give you the proper credit for all your hard work!



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Resident Recipe

PUMPKIN SPICE TRUFFLES!



PUMPKIN SPICE TRUFFLES ARE PUMPKIN-SHAPED TRUFFLES THAT ARE BURSTING WITH FLAVOR FROM PUMPKIN PUREE, CREAM CHEESE, CINNAMON GRAHAM CRACKERS, AND PLENTY OF SPICES. THE CREAM CHEESE FLAVOR ISN'T OVERWHELMING, BUT IT DOES GIVE THESE PUMPKIN TRUFFLES A BIT OF A PUMPKIN CHEESECAKE FLAVOR--WHICH IS A DEFINITE PLUS IN MY BOOK! IF YOU WANT TO STAY MORE TRADITIONAL YOU CAN DIP THESE IN REGULAR CHOCOLATE INSTEAD OF MAKING THEM LOOK LIKE MINIATURE PUMPKINS.

- 6 oz. white chocolate, chopped (or use chips)
 - 2 oz. cream cheese, room temperature
 - 1/4 cup pumpkin puree (not pumpkin pie filling)
 - 1 tsp. pumpkin pie spice
 - 3/4 cup powdered dry milk
 - 3/4 cup powdered sugar
 - 1.5 cups graham cracker crumbs (I recommend using cinnamon graham)
 - 1 lb. orange-colored candy coating
 - 3 oz. green-colored candy coating
1. In a small bowl, melt the white chocolate in the microwave in short bursts until it is melted and entirely smooth. Set aside for now.
 2. Combine the softened cream cheese and the pumpkin puree in the bowl of a stand mixer and beat until smooth and combined. Scrape the bowl and beat again to make sure there are no lumps in the cream cheese.
 3. Add the powdered milk, the powdered sugar, and the pumpkin pie spice. Beat on low until incorporated, then scrape down the mixing bowl and beat on medium speed for 2 minutes, until very smooth.
 4. Add the melted white chocolate and mix until incorporated. Finally, stir in the graham cracker crumbs.
 5. The mixture will be fairly soft at this point. Press cling wrap on the top and refrigerate it until firm enough to roll, about 2 hours.
 6. When the candy is firm, use a candy scoop or a teaspoon to scoop up small balls. Dust your hands with powdered sugar and roll the truffles between your palms to make them round.
 7. Melt the orange candy coating in a microwave-safe bowl until melted and fluid.
 8. Dip the truffles in the coating, one by one, using dipping tools or a fork. Set them on a foil-lined baking sheet when finished.
 9. To make them look more like pumpkins, add a bit of melted chocolate to the remaining orange coating to turn it a darker shade of brownish-orange. Put it in a small plastic bag and snip off a tiny corner. Pipe intersecting lines across the top of the truffles.
 9. Finish them off with green leaves: melt the green candy coating and put it in a plastic bag as well. Draw a small swirl on to of each pumpkin truffle to simulate vines or leaves.
 10. Refrigerate the truffles to set the coating, for about 10 minutes, before serving. Store Pumpkin Spice Truffles in an airtight container in the refrigerator for up to two weeks, and bring them to room temperature before serving.

Would you like to have your favorite family recipe featured in the neighborhood publication? We are looking for anyone who has a good recipe to share! For more information please email timothy.beam@n2pub.com or call Tim at 301.222.7361



BCA Spring/Fall Festival

Submitted by Edith Miles, Ted Garrett

Our Spring Festival at Concord Park on May 18, 2014 was another terrific event, as you will see from the photos in this newsletter. A happy group of neighbors gathered to enjoy the festivities and a chance to visit. Thanks to our Festival com-

mittee, we had abundant food for everyone. Everyone enjoyed the face painter, and children displayed their creativity in decorating bird houses. The seniors' table was well attended. Special thanks to Bonnie Garrett, Rebecca Kahlenberg, Edith Miles, Karen Lesser, John Marquardt, Jane Pettit, and Jo Roberts for making this event a success.



If you would like to submit a story and send pictures or have an event you want covered in an upcoming issue of the Bannockburn Banner please contact: Timothy Beam @ 301.222.7361 or e-mail timothy.beam@n2pub.com



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Making a Difference

MEET YOUR BCA BOARD MEMBER



BCA Board gathering for general meeting at St. Mark's.



Edith, in plaid, chatting up the residents at BCA meeting held Sept 11th.



Additional pictures of residents enjoying food, merriment at the Hunter's Inn sponsored by the BCA Good Neighbors Committee

Edith Miles, Tim Beam

Meet Your Good Neighbors Committee Chair
Edith Wilson Miles

Mission of Good Neighbors: Helping seniors gracefully age-in place and developing programs and sponsored activities to keep seniors active and engaged

Edith has served on BCA for 3 years!

Edith ran for the Board to be more actively involved in establishing and maintaining relationships with other neighborhood activists.

Edith and her husband moved to the Estates in 1968 and have lived here since that time. Their two sons were born while they lived in Bannockburn in 1969 and 1972.

Edith's favorite part of living in the Estates is the immense joy she gets from watching the variety of birds and sharing the woods and natural environment unique to the Bannockburn Estates!

Edith has a PhD in Biochemistry from UC Berkeley. (1961)
Edith married Todd Miles in 1966 and they both began working at NIH.

Todd and Edith retired from NIH in 2000 as Scientists Emeritus after distinguished careers!

The concept of the NIH Scientist Emeritus was introduced by the Scientific Directors in 1974 for distinguished scientists who wish to retire, but still maintain ongoing working relationships at NIH. The appointment is quite an accomplishment, voted on by the full NIH Board and only those receiving the highest recommendations are approved. Impressive to say the least! Way to go Edith and Todd.

Want to Write for the Bannockburn Banner?

We are currently looking for community members who would like to take an active role in writing stories for the Bannockburn Banner. We are looking for junior writers interested in writing a column for kids or their own peers and potentially getting a publishing credit for their college resumes! If someone you know might be interested, please call Timothy Beam @ 301.222.7361 or reach out at timothy.beam@n2pub.com.

Air Purifiers
AID IN A
HEALTHY LIFESTYLE

Article Source: www.wellnessarticlelibrary.com

Whether you are healthy, sick, young, or old, everyone can benefit from an air purifier. Allergies, asthma, respiratory problems, and the spread of viruses and illnesses can all be related to indoor pollution.



Investing in a good quality air purifier can protect you and your family by greatly reducing your risk of sickness related to indoor pollution. Every home contains these environmental toxins, even ones that are often cleaned thoroughly. It is proven that the air inside our homes can be more harmful than the air outside because air in the home recirculates and never has the opportunity to be filtered.

Allergens inside the home like pollen, mold, and pet dander can be very irritating to people who are prone to allergies. Asthma, an inflammatory disease of the lungs, can cause symptoms like coughing, runny nose, red eye, digestive problems, fatigue, dizziness, and congestion. Air purifiers can provide a huge relief for these symptoms, by greatly reducing the amount of the allergens in the air. This can also cut down the cost of expensive medications that are often used to treat these illnesses.

Air purifiers can also reduce the spread of illnesses and viruses like the common cold or the flu. They are very beneficial to people with low immune systems, like the elderly, and families with children because they lower the spread of illness. By filtering the air, air purifiers stop these illnesses from spreading throughout the house reducing the risk of contamination to other people in the home. Elderly people and people with low immune systems often do not have the means to fight off infection and illness so they are particularly vulnerable to such contamination. Children

in school and daycare are exposed to sicknesses at school that are easily brought home and spread to the family.

There are many toxins in the home including pollen, mold, animal dander, smoke, bacteria, and germs. The air in your home will be much cleaner if you decide to invest in an air purifier because they filter or ionize the air greatly reducing indoor toxins. Air Ionizers and HEPA filters are the most commonly used air purifiers. Air Ionizers distribute negative ions throughout the air causing the toxins to bond and fall out of the air. HEPA filters draw the air in using a fan, where it filters the air, and redistributes it back throughout the house.

In our society today there is more pollution now than there ever was before, especially in the home. Owning an air purifier is the best way for you to protect yourself and your family from such toxins. Air purifiers are essential for the home because they greatly reduce the amount of pollution in your home lowering your chance of developing sickness due to indoor toxins. Air purifiers are one of the best things you can invest in for your home and your health today more than ever.



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restaurant •
Review

NEIGHBORS’ NIGHT OUT, MAGGIANO’S
LITTLE ITALY

BANNOCKBURN ESTATES AND CHEVY CHASE VILLAGE

MAGGIANO’S LITTLE ITALY

This was the first combined event with Chevy Chase Village, Martins Additions and Bannockburn Estates residents. Maggiano’s Little Italy – great food, great service and an overall extremely enjoyable evening in a warm setting. Residents got to know or visit with some of their Chevy Chase and Bannockburn Estates neighbors. Maggiano’s had the tables set for family-style dinners, which opened the room up for conversation over great food. Guests were able to sample, and fill up on chicken parmesan, ravioli, veal with tomato sauce, mushroom and meat ravioli, a heaping bowl of fresh Italian salad

and a delicious cheesecake cupcake that was simply divine. Maggiano’s is a wonderful place to have a quick lunch or a nice, enjoyable family dinner. There is the main dining room that has a warm feel with your classic red and white checkered table clothes, and if you are looking for more of an intimate setting, you can sit in the bar area where there are high top tables and booths. If you like live entertainment, Maggiano’s has live entertainment a throughout the week. The restaurant is set up to host business events, special occasions, weddings and national sales or your typical night out with friends, families and loved ones. If you have loved ones coming into town for the holidays or just to visit, please consider treating them to a great evening at Maggiano’s. They will be delighted with the large portions of homemade Italian food, the cozy atmosphere, and the friendliness of the staff.



Amanda Frasure, Chevy Chase Market Director, third from left



Maggiano’s Professional Staff

Highlights for the reviews of Maggiano’s Little Italy:

Every respondent advised they planned to go back! Maggiano’s really made an impression on first time diners as well as those that already loved the restaurant but had not been in a while!

“Beautiful evening with our neighbors! ...Very warm atmosphere with plentiful food in a lovely setting!”
- Bonnie

“A Chevy Chase/Bannockburn Night in Italy”
- Rita

“Definitely over-ate”
- Rod

Exquisitely prepared signature dishes and expert service, the staff obviously knows how to handle a large party! Pleasantly surprised, I had no idea this would be so good!
- Tim

Be sure to check out the Chef’s Blog on Maggiano’s Little Italy Facebook page. For those of you so inclined the Chef just started a “Lighter Fare” menu. I know I am going to check this out!

Thanks to Jim McGrady and the professional staff at Maggiano’s Little Italy—you really enhanced our Neighbors’ Night Out!

DISCLAIMER: The business reviewed in this section provided products and/or services free of charge in exchange for this review.



NOVEMBER

LOCAL EVENTS

Saturday, November 1

Swing Dance

Where: Glen Echo Park, Spanish Ballroom

When: 8pm-12am

The dance includes a beginner swing lesson with Tom and Debra from 8 - 9 pm, followed by dancing from 9 pm - midnight in the historic Spanish Ballroom. Beginners are welcome and no partner is necessary.

For more information: debra@gottaswing.com

Sunday, November 2

Argentine Tango

Where: Glen Echo Park, Back Room Annex

When: 6:30pm-11pm

Tango Brillante DC is happy to offer Argentine Tango lessons followed by a Milonga most Sunday evenings. Dancers can choose either the beginner lesson from 6:30 - 7:30 pm or the intermediate lesson from 7:30 - 8:30 pm, or both. Cost is \$15/lesson and includes the Milonga that follows. For dancers who wish to attend just the Milonga, Cost is \$10 and the open dance runs from 8:30 - 11:00 pm. Rene will DJ with a mix of traditional and Nuevo tango with a little alternative added. No partner required.

For more information: glenechopark.org

Wednesday, November 5

Nature Matters Lecture Series: Ospreys on the Patuxent

Where: Meadowside Nature Center, 5100 Meadowside Lane Derwood, MD 20855

When: 6:45pm

Spend an evening with researchers and conservationists for an intriguing lecture series focused on local nature and conservation topics. Check-in and refreshments at 6:45 pm, then the one-hour lecture begins at 7 pm, followed by a Q & A session. Spend the evening with naturalist and Osprey expert Greg Kearns to learn

about the fish hawk of local rivers and the Chesapeake Bay. Greg has studied Osprey biology on the Patuxent River for over 30 years, providing nesting platforms, spearheading re-introduction efforts, banding birds, and following their migration via satellite tracking. He promises that, You will be on the edge of your seat as you learn more about this unique species of raptor. 14 & up

For more information: 301-258-4030

Thursday, November 6

Blues Dance

Where: Glen Echo Park, Back Room Annex

When: 8:15pm-11:30pm

Capital Blues proudly presents weekly Thursday night blues dances. We rotate DJs and instructors each week to inspire and challenge you. A beginner workshop from 8:15 - 9:00 pm offers important partnering basics for new dancers. The class is included with admission; no partner necessary. Dancing runs from 9 pm to 11:30 pm to blues music from every corner of the genre. Note: the entrance to Back Room Annex is on far left side of Spanish Ballroom.

For more information: glenechopark.org

Saturday, November 8

Meet-the-Artist Reception

Where: Glen Echo Park, Stone Tower

When: 5-7 PM

Sunday, November 9

Family Dance

Where: Glen Echo Park, Back Room Annex

When: 3pm-5pm

The Family Dance program is a wonderful addition to the other family-oriented programs at Glen Echo Park. Spend the afternoon dancing with your children. Each of the family dances features live

music and dance calling from 3:00 - 5:00 pm. Bring your entire family, neighbors, church or synagogue group, birthday party, and girl or boy scout troop.

For more information: glenechopark.org

Thursday, November 13

Blues Dance

Where: Glen Echo Park, Back Room Annex

When: 8:15pm-11:30pm

Capital Blues proudly presents weekly Thursday night blues dances. We rotate DJs and instructors each week to inspire and challenge you. A beginner workshop from 8:15 - 9:00 pm offers important partnering basics for new dancers. The class is included with admission; no partner necessary. Dancing runs from 9 pm to 11:30 pm to blues music from every corner of the genre. Note: the entrance to Back Room Annex is on far left side of Spanish Ballroom.

For more information: glenechopark.org

Saturday, November 15

Downtown Silver Spring's "Re-Imagining the Holidays"

Where: Fountain Plaza, 916 Ellsworth Dr. Silver Spring, MD 20910

When: 5pm-8pm

Karl Unnasch, an internationally acclaimed public and architectural artist, will create a 35' tree comprised of chimes, bells, pinwheels and ribbons for Downtown Silver Spring's third annual "Re-Imagining the Holidays" public art installation. Named Silver Symphony, the holiday art installation will be alive with sound and motion. For the first time, guests will be able to interact with and 'play' the Downtown Silver Spring tree through a series of levers. The interactive installation will be unveiled on November 15, 2014 during the "Re-Imagining the Holidays" event, and will remain on display for approximately ten weeks on the fountain plaza. The "Re-Imagining the Holidays" project has a strong altruistic component, and aims to give back to the local community by partnering with non profit organizations.

For more information: visitmontgomery.com

Saturday, November 15

Swing Dance

Where: Glen Echo Park, Spanish Ballroom

When: 8pm-12am

The Jam Cellar presents a swing dance with live music in the Spanish Ballroom. Included in the admission is a beginning swing dance lesson from 8 to 9 pm, followed by dancing until midnight.

For more information: glenechopark.org

Saturday, November 22

Annual Montgomery County Thanksgiving Parade

Where: Downtown Silver Spring, MD

When: 10am

Join us for the annual Montgomery County Thanksgiving Parade throughout Downtown Silver Spring!

For more information: downtownsilverspring.com

Saturday, November 29

Swing Dance

Where: Glen Echo Park, Spanish Ballroom

When: 8pm-12am

Join American Swing for a fabulous night of manic swing dance fun with the Jive Aces- the UK's top Jive and Swing Band! This wildly popular group has performed at thousands of festivals, theaters and events throughout the UK, Europe and the USA, as well as Japan, Israel and the Caribbean. Known for their high-energy music and spectacular stage show, you'll be treated to swing and R&B classics made famous by greats such as Louis Prima, Cab Calloway, Bobby Darin, Louis Armstrong, Dean Martin, Big Joe Turner, and Sammy Davis, Jr., among others.

For more information: glenechopark.org

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Address	Neighborhood	List Price	DOM	Beds	Baths	SqFt
6827 Wilson Ln	BANNOCKBURN	\$949,900	7	3	3	3,420
6516 Broxburn Dr	BANNOCKBURN	\$1,149,000	27	3	3.1	1,967
7112 Wilson Ln	BANNOCKBURN COOP	\$835,000	6	3	3.1	1,776
7013 Heatherhill Rd	BANNOCKBURN ESTATE	\$1,495,000	17	6	4.3	4,362
6904 Selkirk Dr	BANNOCKBURN	\$1,289,000	85	5	4.1	4,500
6207 Bannockburn Dr	BANNOCKBURN COOP	\$649,000	4	3	1	1,479
6306 Halbert Rd E	BANNOCKBURN COOP	\$699,000	47	5	2	1,050
5813 Johnson Ave	AYRLAWN	\$1,347,000	4	6	5	4,046
8716 Eggert Dr	POTOMAC OUTSIDE	\$899,000	48	5	3.1	2,430
8321 Still Spring Ct	CARDEROCK SPRINGS	\$899,000	13	4	3	1,488
8312 Fenway Rd	CARDEROCK SPRINGS	\$849,000	34	4	3	1,548
8319 Woodhaven Blvd	WOODHAVEN	\$959,000	37	3	3.1	2,368
7621 Royal Dominion Dr	AL MARAH	\$1,199,000	6	5	4.1	3,163
5616 Sonoma Rd	SONOMA	\$924,500	3	3	2.1	2,132
10009 Montauk Ave	GEORGETOWN VILLAGE	\$899,900	103	5	4.1	2,186
7105 Arran Pl	BANNOCKBURN ESTATE	\$1,449,000	107	5	3.1	3,587
5716 Beech Ave	HENDRY ESTATES	\$724,999	5	3	3.1	1,602
8206 Burning Tree Rd	BURNING TREE VIEW	\$1,500,000	31	5	4.1	3,542
6736 Newbold Dr	BRADLEY MANOR	\$1,395,000	35	6	4.1	2,668

THE benefits OF THE all-inclusive SKI VACATION

Article Source: www.travelarticlelibrary.com



For many, nothing beats the joy of hitting the slopes; putting on boots, skis, and goggles before facing the mountain at hand.

Skiing, even when done with friends and family, is still a solitary sport which is, in part, the reason for its vast popularity. The serenity that comes from being outside - in beautiful environs - and putting your physical prowess and sporting skills to the test, is unparalleled. It's no wonder that, for ski enthusiasts, a vacation means a ski vacation. And one of the best ways to enjoy all that this getaway has to offer is by embarking on an all-inclusive ski vacation.

The all-inclusive vacation has continued to maintain popularity throughout the years, as travelers enjoy the convenient one-price-for-everything system. It allows them to pay for every part of their vacation up front - including accommodations, meals, activities, even gratuities - and not have to worry about having cash on hand during their time away. The all-inclusive ski vacation offers the ultimate relaxation to travelers, allowing them to let go of the details and just enjoy themselves.

Typically, an all-inclusive ski vacation will bundle the price of travel, transfer to hotel, accommodations, meals, and ski passes. The variety of meals, level of accommodations, and any restrictions of skiing depend solely on the particular resort in which you are interested. You can work online or with a travel agent to determine those options that are most important to you and cross-reference them to resorts that offer the same. For example, if you would rather have the ability to ski all day - with no restrictions - and have that included in your upfront price, then your travel agent can easily educate you on those resorts that offer an all inclusive ski vacation that best meets your needs. Additionally, if you are traveling with children, your requirements will be vastly different then if planning an adults-only all inclusive ski vacation.

Either way, you will find that an all-inclusive ski vacation offers you substantial savings as compared to purchasing each part of your trip separately. Bundling amenities and services together means a world of difference to your wallet.

Consider all the factors that will make your all inclusive ski vacation your dream getaway. And then get down to doing some research. With some flexibility on travel dates and an adventurous attitude, you will soon be on a vacation you are not soon to forget.



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RESIDENT BUSINESS GUIDE

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