The Bannockburn

BANNER



Spring/Summer Edition July 2011

BCA's Spring Picnic, Concord School,





Balloon Animal Sculpture Artist

Promoting PreSchool on Hidden Creek

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The Bannockburn Banner is published twice a year by the Bannockburn Citizens Association. For corrections, suggestions, and content submissions, please email the Editor, johnanoble@mac.com



Plant Exchange Served All













Festival Picnic Draws Widely From Community

BCA President's Letter

Theodore Garrett

We head into summer with renewed spirits. Our spring festival was another great event, our quarterly meeting was stimulating, and we have fine new folks on our Board.

Spring Festival. Our annual "Spring Festival" picnic at Concord Park on May 22 was another grand event, as you will see from the photos in this newsletter. Many thanks to Bonnie Garrett, who organized this event, and to Jo Roberts, Rebecca Kahlenberg, Sue Mason, Edith Miles, Karen Lesser, Stephanie Posner, Gouta Carter and others for their efforts in making this event a great success. We hope you were able to enjoy this wonderful event and meet some new neighbors along the way! Stay tuned for news about our fall festival.

Meetings. At our quarterly BCA meeting on June 2, 2010, we had a most informative and provocative presentation by our neighbor, Jerry Post, who had a distinguished career at the CIA and is now Professor of Psychiatry, Political Psychology and International Affairs at The George Washington University. He is the author of several books, among them "The Mind of the Terrorist: The Psychology of Terrorism from the IRA to al-Qaeda."

We also elected three new members to BCA Board: Rebecca Kahlenberg, Edith Miles and John Noble. Continuing on the Board are Bonnie Garrett, Dwight Mason, Jane Pettit, and yours truly.

At the meeting, I expressed appreciation for four neighbors who will not be continuing on the board: Charles Schmitz, Kirt West, Alan Sterling and Chris Hull. We hope and expect that all four of the above individuals will stay involved with BCA and the community. I will not repeat my comments about each of their contributions to BCA, but I must mention our special thanks to Charles Schmitz, who brought the Banner to new heights, organized the Booze Creek cleanup, and was a creative and active force on the Board.

As always, the meeting was an opportunity to visit with neighbors, discuss BCA activities, and pass along news and comments. Thanks to Jo Roberts and Movita Hercules for their help in setting up for the meeting.

Committees. Jane Pettit and Cecily Abrams have continued to welcome new BCA neighbors. If you would like to help on this committee or know of new arrivals to the neighborhood, please email janepettit1@verizon.net or call: 301-229-5932. Edith Miles continues to lead our Good Neighbors committee. You can contact her for information or suggestions at ewmiles@comcast.net. Good Neighbors Committee. Our covenants committee continues to monitor construction and permit applications in the neighborhood. If you have questions about a new building activity, contact Dwight Mason at dnmason@juno.com. Ben Schlesinger is also coming aboard to work on our covenant matters.

Booze Creek cleanup. Because of the County work on Booze Creek, we did not undertake our BCA cleanup effort again this spring. If you are interested in leading or working on the cleanup effort next spring, let us know.

As usual, the BCA Board solicits your ideas and support. If you are interested in working on any of the above committees, the newsletter, or the website, please contact me or any board member. John Noble has taken the

helm of the Banner. He welcomes your assistance and ideas about how to improve our fine newsletter. If you have any suggestions for the newsletter or would like to volunteer, contact John at johnanoble@mac.com.

Dues. Dues for 2011 are due on January 1. Please send your check for \$30 (or more) payable to BCA to Bonnie Garrett, BCA Treasurer, 6604 Broxburn Drive, Bethesda, MD 20817.

Website. We are in the process of getting a new and improved website up and running. Please register on the new BCA website so that you will receive periodic e-mails concerning BCA activities and other significant news: www.BannockburnCitizens.org Your e-mail address is confidential and cannot be accessed by others.

Have a great summer.

Ted Garrett BCA President

Welcome Commíttee Report

Since 2009, when the current BCA Welcome Committee was created, new neighborhood residents have been welcomed with a friendly hello and a few goodies. Along with a gift from the association, they get an invitation to join BCA, information about county recycling, information on aging in place, an offer of handyman information, a copy of the Bannockburn Banner, and Glen Echo National Park membership information. We have just completed visits to 6 new families in June. On July 11 Roland Backhous and Avery Roselle (Broxburn and Wilson) announced the birth of Mackenzie Olive Roselle, 8 pounds 20z, our newest neighbor.

If you know of new neighbors or are new yourself, please take a moment to email us. We get our new neighbor info informally from neighbors, so your help is important!

We're also cooking up ways to get new neighbors together. We're hearing about lots of similar interests, including meeting others with young children, caroling during the holidays, social get-togethers and four-legged family members. If any of these interest you, please let us know with an email and we'll see what we can do to get things happening!!

Cecily Abram, cjunea@hotmail.com Jane Pettit, janepettit1@verizon.net

Fitness Classes At Clara Barton by Diane Noble

Several BCA residents attend Monday and Wednesday 11 A.M. aerobic fitness classes at the Clara Barton Community Center on MacArthur Blvd. The classes are staffed and administered by Suburban Hospital and cost \$30 per quarterly enrollment period. Pictured are BCA's Thelma Deutsch, Deanne Marein-Efron, Gerald Ehrenstein, and Diane Noble



"The Mind of the Terrorist" Presentation by Jerrold M. Post, M.D.

Neighbor and acclaimed researcher and author Jerry Post shared his insights at the BCA Quarterly meeting on June 2. His book "The Mind of the Terrorist" provides an illuminating look into the mind of the leaders of several terrorist organizations, including al-Qaeda, the Shining Path, and The Red Brigades. Although the organizations differ, there are some common themes, and he provides a valuable exposition of al-Qaeda, its leadership and its structure. He concludes with a strategy for waging a war on terror. Dr. Post is Professor of Psychiatry, Political Psychology, and International Affairs at George Washington University. His most recent presentation at an International Conference in July concluded: "We are in an era of digital warfare, with both sides struggling to achieve dominance. For many years, the West, relying on military superiority, insufficiently attended to the power of information in waging asymmetric conflict. Mapping the information battlefield is crucial to winning the war for hearts and minds. "



Dr. Post (in blazer) prepares for talk with assist from Ben Schlesinger on computer

Bannockburn Citizens Association

******Please pay Calendar Year 2011 dues Now*****

Dues Payment Coupon

Bacor aymone ocapon
Enclosed is my check for \$, which includes \$30 for 2011 BCA Dues and my
voluntary contribution of \$ (Voluntary contributions are used for miscellaneous BCA
expenditures, such as refreshment for General Meetings and our semi-annual picnics.)
Name:
Email:
House Number and Street:

Send to: Bonnie Garrett, Treasurer, BCA; 6604 Broxburn Dr., Bethesda, MD 20817 (Have I already paid?) email bonnie.garrett2@verizon.net or pay anyway and it will be credited to Calendar Year 2012

GLEN ECHO FIRE DEPT

Our Glen Echo Fire Department is 80 years old this year. Birthday activities are planned to further familiarize us about services to our community. A recent service addition is the paramedic bike patrols on the C&O towpath and the Crescent Trail.



The GEFD seeks volunteers in many areas, in addition to firefighting and emergency response. The firehouse is located on Massachusetts Av. and Sangamore Rd. and responds to BCA geographic area calls based on coordination with the firehouse on River Rd. and Seven Locks Rd and other firehouses. Contact barry.fausnaugh@gefd.org

Theatrical Neighbors By Josephine Roberts

Many of you have lived in Bannockburn for many years but, perhaps, have never attended the hilarious and lively "Spring show" put on annually in May by the Bannockburn Community Club (east of Wilson Lane) in the Bannockburn Club House.It is legendary and this year's show, "Staying Alive at 55," was the 55th year of production. Neighbors of all ages from 5 years to 89 years participated to make this a "must see event".

Eileen and Len Mitchard, who are members of our own BCA community, have been the Executive Producer and Musical Director of the show for many years. Families like the Costello family (who live on Glenriddle) spent many hours rehearsing. Neighbors and friends were a lively and appreciative audience. All in all, a great night out on the town, with Bannockburn, Washington politics and other current events being the light-hearted theme.

In Memoriam: Maria Benzinger, M.D.

One of our oldest BCA seniors, Dr. Maria Benzinger, died April 2, 2011 at age 93. She was one of the first BCA Seniors to contact us. She helped our committee by describing her problems with Aging-in-place and by telling us how we could help her and other seniors. She volunteered to hold a tea and a luncheon in her home for other BCA seniors and was a gracious hostess. Although Maria was diagnosed with pancreatic cancer in January, she was able to stay in her home until her death in April. Her family, Hospice, friends and BCA volunteers helped her. Maria lived at 6607 Broxburn Drive for 47 years. Her husband, Dr. Theodor H. Benzinger, died in 1999. Two children and 4 grand children survive her. Maria trained as a surgeon in Germany and practiced in Berlin through World War II. She moved to the United States in 1950, trained as an anesthesiologist, and served as Chief Medical Officer at DC General from 1961 until her retirement in 1987. She was active in volunteer work. By Edith Miles

Information for BCA Seniors by Edith Miles

The BCA Good Neighbors Committee is working to help BCA seniors who want to continue living in their homes as they age (Age-in-Place). Most BCA seniors have told us that they plan to stay in their homes as long as they can. The committee sends information about services for seniors and BCA events to about 60 BCA seniors by e-mail. Committee members visit seniors to learn what help they need from volunteers and whether they would enjoy social events or interest groups. If you would like to be added to our list or know seniors in our neighborhood who might be added, please let us know (Edith Miles; 301-320-3299; ewmiles@comcast.net or Josephine Roberts (301-229-4281; joroberts@webtv.net).

Social Activities. The committee sponsored a senior table at the Fall Festival and at the Spring Fling. We also held a Tea at the Marein-Efron house March 2 and a business meeting at the Miles house March 30. The committee plans to sponsor more social events or interest groups for BCA seniors. We sponsored a C & O canal hike May 28. We plan to have a potluck lunch at a home and lunch at a restaurant. Please let us know if you would like to participate in an interest group or social activity.



Transportation. The committee has a list of BCA members who have volunteered to transport seniors to appointments with doctors. BCA seniors who need transportation can ask us to find a BCA volunteer or to recommend a reliable taxi driver. Another possibility is to use the Senior Connection (301-962-0820; www.seniorconnectionmc.org). This nonprofit organization provides transportation for seniors.

Resources. The committee has prepared a directory of Resources for Seniors. We plan to increase the number of recommended services listed (e. g. a handy man, driver, or person

to remove snow) and welcome your suggestions.







The Bannockburn Banner



Bethesda, Maryland