## The Bannockburn.

## BANNER



Fall/Winter Edition December 2010

## BCA's Fall Festival, Concord School October 17



BCA President Garrett, Vice-President Schmitz, and Piper

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The Bannockburn Banner is published twice a year by the Bannockburn Citizens Association. For corrections, suggestions. and content submissions, please email the Editor,

Charlesaschmitz@Comcast.net



Piper, Pups, and Paints















Bannockburn Dog Conformation and Costume Contest

Dogs of various kinds, including Doberman, Bench Spaniel,
Pink Pug, Several Terriers, and Poodle.
Bottom Right - Smallest dog. Top Left - Biggest Dog. Center
Right - Master of all of the Hounds, John Noble, with
Honorable Judges.







## BCA President's Letter

It has been another gratifying year. Our spring and fall events seem to get better each year, and our quarterly meetings featured interesting speakers and discussion of BCA activities and other matters.

**Fall Festival**. Our annual "Fall Festival" picnic at Concord Park on October 17, 2010 was better than ever, as memorialized in the photos in the newsletter. Many thanks to Bonnie Garrett, who organized this event, and to Stephanie Posner, Janice Dreier, and Rebecca Kahlenburg for their efforts in making this event a great success. John and Diane Noble and Tory Hamphire did a great job of organizing the dog show, and John was a terrific announcer. Bob Balaban and Jane Pettit headed up



our art show and mask making/decoration events. Charles Schmitz secured a great bagpiper for the event. Dutch and Sally Koenig organized our Good Neighbors committee table. We hope you were able to enjoy this wonderful event and meet some new neighbors along the way!

**Meetings**. At our year end BCA meeting on December 2, 2010, we had a most interesting presentation by our neighbor, Marian Burros, the bestselling author of 13 books, including "Cooking for Comfort," and "Eating Well Is the Best Revenge." A columnist and writer for The New York Times for a number of years, Burros has written extensively about organic, local and sustainable food and agriculture. As always, the meeting was an opportunity to visit with neighbors, discuss BCA activities, and pass along news and comments. Thanks to Jo Roberts and Movita Hercules for their help in setting up these meetings.

#### Committees.

Jane Petit and Cecily Abrams have continued to welcome new BCA neighbors. If you have suggestions and/or would like to work on this effort, or if you know of new residents in the neighborhood, please email <a href="mailto:janepettit1@verizon.net">janepettit1@verizon.net</a> or call: 301-229-5932.

Charles Schmitz welcomes your assistance and ideas about how to improve The Banner. If you have any thoughts about items you would like to see in The Banner, or would like to volunteer, contact Charles at <a href="mailto:charlesaschmitz@comcast.net">charlesaschmitz@comcast.net</a>.

Edith Miles continues to lead our Good Neighbors committee. You can contact her for information or suggestions at <a href="mailto:ewmiles@comcast.net">ewmiles@comcast.net</a>. Good Neighbors Committee. Edith's article below describes the work of her committee in more detail.

Our Covenants Committee continues to monitor construction and permit applications in the neighborhood. If you have any questions, contact Dwight Mason at <a href="mailto:dnmason@juno.com">dnmason@juno.com</a> or Alan Sterling at <a href="mailto:dnmason@juno.com">alan.sterling@verizon.net</a>.

As usual, the BCA Board solicits your ideas and support. If you are interested in working on any of the above committees, The Banner, or the website, please let contact me or any board member.

**Dues.** Dues for 2011 are due on January 1. Please send your check for \$30 (or more) payable to BCA to Bonnie Garrett, BCA Treasurer, 6604 Broxburn Drive, Bethesda, MD 20817.

**Register**. I send periodic e-mails, concerning BCA activities and other significant news, to neighbors who register on the BCA website. To register for the first time or to update your information, go to the BCA website <a href="http://www.bannockburnweb.com/association/cahome.cfm">http://www.bannockburnweb.com/association/cahome.cfm</a>

and click on the "register" icon near the top left corner. Please register. Your e-mail address is confidential and cannot be accessed by others.

Best wishes for the holidays and the new year.

Ted Garrett

## Non-Native Invasive Species in Our Neighborhood.

#### By Seth Goldstein

This brief article deals with 3 non-native invasive plant species which are found in abundance in our neighborhood, and possibly in your yard. They are representative of a more widespread problem which, if you are interested, you can find more information about by doing a Google on "weed warriors", or "NNIs". In general you either want to get rid of them or control them. If you do this yourself, be sure you know how to identify poison ivy since it sometimes occurs in conjunction with the vines described below. Try to avoid touching poison ivy with your hands or clothes, wash with soap if you do touch it, and NEVER burn it. Enough said.

The first bad actor, Porcelain Berry is very easily identified, especially at this time of the year by its attractive turquoise berries attached to its vine structure. It overwhelms low foliage, and eventually climbs high up on trees killing them. The vines are easily pulled down and if possible try to pull them out of the ground by the roots. If the latter is too difficult, cut it off at the base, and every few months cut it again and it will eventually die. A perfect example of what happens if you ignore Porcelain Berry can be seen at the entrance to the Concord Park parking lot on the right side as you come in off Hidden Creek .



The second nasty plant is Oriental Bittersweet which has attractive brown berries at this time of year. Its action is very comparable to Porcelain Berry as it overwhelms foliage and trees – and in fact the two are mixed in with each other at Concord Park. These vines (can grow to be quite (many inches) thick but are usually small enough to be cut with garden shears. Once again, cut them off at ground level and pull down the vines. If the vines are too big



to pull down, cut them again a few feet off the ground, and let the upper cut ends die back.

The third invasive species I want to mention is English Ivy – which is a surprise to most people. This popular ground cover actually overwhelms most other ground covers creating a monoculture - which may or may not be objectionable. However it also grows up on trees and this should be avoided as it can eventually kill them. It is a good idea to inspect your trees and pull down English Ivy shoots from the trunks. If they have gotten to be very large, cut them off at the ground level and also a foot or so above the ground to create a window. You can use a screwdriver or other sturdy implement to pry thick vines away from the tree trunk.



Happy Trails!

Next time: Garlic Mustard, Japanese Stilt Grass, and Bush Honeysuckle

## OUR KIND OF TOWN -- Reflections of a new Bannockburner

Friends and family who had lived in the Washington area for many years and thought they knew its neighborhoods well would ask during that initial visit, How did you even find it? By "it" they were referring to our new home in Bannockburn. "I didn't," I would point at my wife, Suzanne, and reply. "Ask her."

Although I am a Washingtonian, born and raised, and had, on occasion, driven from one end of MacArthur to the other, Glen Echo was never more than a curiosity on a scenic journey to someplace else, never, that is, a destination. Glen Echo was not a physical place, but mythical – like a film adaptation of Thorton Wilder's "Our Town" starring anyone unknown to me. No one actually lives in Glen Echo, as far as I knew at that time. From my distant perspective, the town closed every evening along with the merry-go-round at Glen Echo Park, and the "townfolk," after removing their costume and makeup, returned to their real homes, away from Glen Echo.

So how did Suzanne even find it? Our journey to Bannockburn began in early 2004, prompted by our need for additional living space and greater distance between us and neighbors than our apartment in a high-rise condominium in the District could accommodate.

It was an extraordinarily frustrating period to be a prospective homebuyer. After many Sundays spent attending open houses, we knew we were not going to find the "right" house at the "right" price. So, instead, we sought the perfect neighborhood, on which our perfect house would eventually evolve. The only drawback to this house-hunting strategy was whether this perfect, mythical neighborhood truly existed.

Our perfect neighborhood is located inside the capital beltway with a relatively easy commute to downtown. It is an established community, but not overly developed. A place where the houses are of a particular character, not an assembly of evenly spaced, recently built, indistinguishable oversized boxes with roofs. On this, Suzanne and I were of the same mind. Beyond this is where it started to get complicated.

Suzanne was reared in the deeper South – that being Georgia. She has a preference for the outdoors and most things green and growing. A work colleague who lives in the area suggested Cabin John and Glen Echo to Suzanne, who, in turn, indicated her reasons for wanting to buy a house listed for sale and located in Bannockburn.

"When I first saw the house, it reminded me of my childhood home in Georgia, which made me feel like we lived in a tree-house -- but in a good way". Like most of the homes in the neighborhood, the house is situated on a tree-filled lot, far from the street. There are many windows, which eliminates the boundary between interior and exterior spaces.

To be honest, it wasn't Suzanne's enthusiasm for treehouse living that convinced me. Indeed, I was more inclined not to even see it.

Suzanne quickly persuaded me into driving from one end of MacArthur to the other. Except, during this particular trip, the journey ended. We had arrived at our destination and happily discovered that Bannockburn is indeed a mythical place, but with real people.

by Daryl Malloy [the Malloys live on Arandale]

## HALLOWEEN ON HEATHERHILL COURT

Street closed and block party make for a pre-trick-or-treat tradition!!



The girls are from left, Christa Guild(BCA), Lauren Levy, Caitlin West(BCA), Natalia Cibotti, Elizabeth Frank(BCA), Teresa Patterson and Abby Fisher(BCA)....Who needs boy's when you can dress up, face paint each other and sing for candy??? Ha!

## Bannockburn's Artísts - Jeff Indrísano

By Jane Pettit

When you ask "What do you do?" you get some interesting answers. When you ask "What do you do for FUN?" you can get even more interesting answers. Comparing the two responses can yield some fascinating pictures of a person's life. Here's the tale of one of our neighbors on Arandale. (Fourth from left in photo.)

Jeff Indrisano practices internal and geriatric medicine. He's about to become the new Medical Director of



Hospice of Northern Virginia. But, for fun, he plays the violin in the Symphony of the Potomac,

(www.symphonypotomac.org.)

Jeff started violin in grade school. He played with The Bucks County Symphony Orchestra as teenager. He stopped playing when he got to college, but always wanted to get back into it. For his fortieth birthday, his wife Jenny gave him violin lessons. After five years of study, he tried out and was accepted into the symphony.

The players call themselves "avid amateurs" in the old sense of the word. "Amateur" comes from the Latin word amore "to love," and they do love what they do. Jeff loves the

collaborative nature of being part of a sixty-person ensemble striving to meet the challenge of each new piece. He loves the fact that they are not defined solely by their paid careers, that they have a full existence outside the workplace. He plays alongside a retired World Bank executive, an ophthalmologist and an attorney who plays the cello.

Jeff is in two other groups: the Symphony Chamber Players, who play at local nursing homes and assisted living facilities, and a quartet that studies with a coach every two weeks. Music claims two nights of every week. There's another reason for Jeff's commitment. He draws motivation from his patients who are aging successfully They are always recounting tales of their latest projects and he sees the intellectual stimulation. He encounters a lot of dementia in his work and people who haven't developed challenging interests after retirement. Music is a love that he can pursue for a very long time to come.

There's more music in household. Nick, a senior at Walt Whitman, is a bass in the honors chorus. Stephen has played the trumpet in the prep winds of the Montgomery County Youth Orchestra and is now in the Walt Whitman band. Their mom Jenny's role in the music scene is as their most dedicated audience member. If we're lucky, we'll get to join her at Jeff's February 13th concert. For this listener, just hearing the enthusiasm and energy in his voice as Jeff talks about his passion is as good as going to the concert!

#### In Memorium: Barbara Orlans Morton

Avid Gardener and Animal Welfare Advocate

She Aged in Place and Died at Home after 52 years in Bannockburn

Barbara Morton's home at the intersection of Laverock Lane and Arandale Road is notable for its gardens and banks covered with impatiens, daffodils, and other flowers. Barbara moved to Bannockburn from London in 1958 and lived at 7035 Wilson Lane with her husband, Harold Orlans, and their sons, Andrew and Nicholas. In 1980 Barbara married Herbert Morton and moved to his home at 7106 Laverock Lane about one block away. Barbara was an avid gardener and was active in the Bannockburn Citizens Association (BCA) garden



club during the 1960s and 1970s. Club members bought azaleas on the Eastern shore, sold plants on Saturdays, and used the proceeds to plant community gardens.

Barbara lived alone after the death of Herbert in 2002. She wanted to continue to live in her home and sought help from the BCA Good Neighbors Committee in 2008. She helped the Committee by

explaining her needs and by suggesting resources that she and other seniors would find helpful. She recommended two activities that she enjoyed: an exercise class at Clara Barton and classes at American University. Barbara

participated in the Committee's program by holding teas at her home and attending other social activities. Last winter Barbara suffered a stroke and a fall. During the next six months, Barbara was in a hospital or a rehabilitation facility or at home. Volunteers from the BCA community helped Barbara by phoning and visiting her and by running errands and buying groceries. Barbara was happy to be able to return home from the hospital and spend her last weeks in her own home close to her garden, cat, sister and sons and with palliative care from a hospice. She died at home on June 18, 2010 at age 82.

In memorial services Barbara's friends and neighbors praised her as an extraordinary woman – strong and resilient as well as gentle, sensitive and wise. She was noted for her integrity, her delightful sense of humor, and the twinkle in her eye. Her professional colleagues praised her invaluable and significant contributions to animal welfare.

Barbara had a distinguished professional career as a scientist and as an animal welfare advocate. She held a Ph.D. in physiology and conducted medical investigations at the Johns Hopkins Hospital and the National Institutes of Health. She had compassion for animals, particularly those being used in research. She was the founder the Scientists Center for Animal Welfare, a non-profit organization aimed at educating biomedical researchers about animal welfare issues. In 1990, she joined the faculty of the Kennedy Institute of Ethics at Georgetown University. She was the author of over 30 publications under the name Flora Barbara Orlans. Her books include "In the Name of Science: Issues in Responsible Animal Experimentation, 1993", and "The Human Use of Animals: Case Studies in Ethical Choice, 1998", both published by Oxford University Press, New York.

By Edith Miles

### Bannockburn Citizens Association

#### **Dues Payment Coupon**

Enclosed is my check for \$	, which includes \$30 for 2011 BCA Dues and my
voluntary contribution of \$ (V	oluntary contributions are used for miscellaneous BCA
expenditures, such as refreshment fo	or General Meetings and our semi-annual picnics.)
Name:	Address:

\*\*\*\*\*\*\*Please pay by January 1, 2011\*\*\*\*\*\*

Send to: Bonnie Garrett, Treasurer, BCA; 6604 Broxburn Dr., Bethesda, MD 20817



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Bethesda, Maryland